

July 2025

(706) 561-1401

Life is Good at Covenant Woods

Find us on 



Happy Fourth!

Happy Independence Day to everyone! We hope you have a fun and festive holiday.



Ice Cream Additions

Long summer days provide plenty of chances to enjoy the season's classic refreshing treat, ice cream. When it comes to adding a final flourish to a dish or cone, about half of Americans favor hot fudge, according to poll results. Nuts, whipped cream, chocolate syrup, caramel sauce and fruit also ranked high.



Thank a Postal Worker





July 1 is National Postal Workers Day. With words or a sweet treat, thank one of the wonderful men and women who make sure our mail gets to us every day.



Seasonal Selections

Summer weather often requires plenty of hydration. Why not mix some of the season's best produce with a little carbonated water to make the perfect, refreshing soda? Try limes, blueberries, cherries, raspberries or strawberries. All are in season and offer many combinations to please any palate.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>6</div>	 <div>7</div>	<div>Doctor Day 1</div> <div>10:00 C Stretch & Balance</div> <div>1:00 Aqua Motion w/ Courtney</div> <div>2:00 A Popcorn & Games</div> <div>6:30 A Coolette Game</div>	<div>Doctor Day 2</div> <div>11:30 L Visit w/ Therapy Dogs, Gus & Zack</div> <div>1:00 A Bingo</div> <div>1:00 C St. Anne Mass</div> <div>3:15 A Exercise by Carmen</div> <div>6:30 A Bingo</div>	<div>3</div> <div>9:00 L - 10:00 Publix</div> <div>11:00 Pre 4th of July Cookout</div> <div>1:00 A \$ Putt Putt Golf</div> <div>5:00 A CW Chimes</div> <div>6:00 C CW Chorus</div> <div>6:30 A Coolette Game</div>	<div>Happy 4th of July 4</div> <div>1:00 A 4th of July Word Games</div> <div>6:30 A Fireworks Bingo</div>	<div>5</div> <div>10:00 A Word Games</div> <div>2:00 G2 Poker Time</div> <div>3:00 A Let's Play Games</div> <div>6:30 A Bingo</div>
<div>9:30 C Church Service</div> <div>10:30 C Livestream Mass / Communion from St. Anne</div> <div>4:30 A Card Games</div> <div>6</div>	<div>World Chocolate Day 7</div> <div>9:30 N Free BP & Health Check w/ Piedmont Cols Regional</div> <div>10:00 L *Cols. Park Crossing</div> <div>1:00 L *Peachtree Mall</div> <div>1:00 A Bingo</div> <div>2:15 A Line Dance Class w/ Mr. Brooks</div> <div>3:15 A Exercise by Carmen</div> <div>6:30 A Bingo</div>	<div>Doctor Day 8</div> <div>10:00 C Stretch & Balance</div> <div>12:00 PC Music by Jan Hyatt</div> <div>1:00 Aqua Motion w/ Courtney</div> <div>2:00 A \$ Trivia</div> <div>6:30 A Coolette Game</div>	<div>Doctor Day 9</div> <div>10:00 C Bible Study w/ Mrs. Garrett - "In The Footsteps of the Savior"</div> <div>11:30 L Visit w/ Therapy Dogs, Gus & Zack</div> <div>1:00 A Bingo</div> <div>2:00 A \$ Arts & Craft w/ Annie</div> <div>3:15 A Exercise by Carmen</div> <div>6:30 A Bingo</div>	<div>Market Day 1pm - 3pm 10</div> <div>9:00 L - 10:00 Publix</div> <div>9:00 L Bank</div> <div>10:00 C Stretch & Balance</div> <div>10:30 L Juliet Luncheon</div> <div>11:00 O Sweet Something & Jewelry</div> <div>1:00 Aqua Motion w/ Courtney</div> <div>2:00 A Making Strawberry Shortcake</div> <div>5:00 A CW Chimes</div> <div>6:00 C CW Chorus</div> <div>6:30 A Coolette Game</div>	<div>11</div> <div>10:00 L Out 2 Lunch - Yoder's & Peach Farm</div> <div>11:30 O Beauty w/ Mary Kay</div> <div>1:00 A Exercise by Carmen</div> <div>2:00 A Happy Hour w/ Annie</div> <div>6:30 A Bingo</div>	<div>12</div> <div>10:00 A Word Games</div> <div>10:30 L Cruising The City Outing w/ Dennis</div> <div>2:00 G2 Poker Time</div> <div>3:00 A Let's Play Games</div> <div>6:30 A Bingo</div>
<div>9:30 C Church Service</div> <div>10:30 C Livestream Mass / Communion from St. Anne</div> <div>2:00 L Music by George Corradino</div> <div>4:30 A Card Games</div> <div>13</div>	<div>14</div> <div>10:00 L *Target Center</div> <div>1:00 L *Walmart</div> <div>1:00 A Bingo</div> <div>2:15 A Line Dance Class w/ Mr. Brooks</div> <div>3:15 A Exercise by Carmen</div> <div>6:30 A Bingo</div>	<div>Doctor Day 15</div> <div>10:00 C Stretch & Balance</div> <div>1:00 Aqua Motion w/ Courtney</div> <div>2:00 L Ice Cream Truck</div> <div>6:30 A Coolette Game</div>	<div>Doctor Day / National Hot Dog Day 16</div> <div>10:00 C Bible Study w/ Mrs. Garrett - "In The Footsteps of the Savior"</div> <div>11:00 A Hot Dogs Cookout</div> <div>11:30 L Visit w/ Therapy Dogs, Gus & Zack</div> <div>1:00 A Bingo</div> <div>2:00 A Pretty Nails</div> <div>3:15 A Exercise by Carmen</div> <div>6:30 A Bingo</div>	<div>Market Day 1pm - 3pm 17</div> <div>9:00 L - 10:00 Publix</div> <div>9:00 L Bank</div> <div>10:00 C Stretch & Balance</div> <div>11:00 L Pine's Outing</div> <div>1:00 Aqua Motion w/ Courtney</div> <div>2:00 A \$ Cheese Toss Game</div> <div>5:00 A CW Chimes</div> <div>6:00 C CW Chorus</div> <div>6:30 A Coolette Game</div>	<div>18</div> <div>11:00 L Out 2 Lunch - Cheddars</div> <div>1:00 A Exercise by Carmen</div> <div>2:00 A Happy Hour w/ Annie</div> <div>6:30 A Bingo</div>	<div>19</div> <div>10:00 A Word Games</div> <div>10:30 L Outing w/ Annie</div> <div>2:00 D Music by Doc Alford</div> <div>2:00 G2 Poker Time</div> <div>3:00 A Let's Play Games</div> <div>6:30 A Bingo</div>
<div>9:30 C Church Service</div> <div>10:30 C Livestream Mass / Communion from St. Anne</div> <div>2:00 L Music by Jan Hyatt</div> <div>4:30 A Card Games</div> <div>20</div>	<div>Cruising @ CW Begins - Bahamas 21</div> <div>10:00 L *Cols. Park Crossing</div> <div>1:00 L *Peachtree Mall</div> <div>1:00 A Bingo</div> <div>2:15 A Island Dancing w/ Mr. Brooks</div> <div>3:00 L Bahama Mama Time</div> <div>3:15 A Exercise by Carmen</div> <div>6:30 A Bingo</div>	<div>Doctor Day/ Mexico 22</div> <div>10:00 C Stretch & Balance</div> <div>1:00 Aqua Motion w/ Courtney</div> <div>2:00 A \$ Arts & Crafts Designing Maracases</div> <div>3:00 L Margarita Ville</div> <div>6:30 A Coolette Game</div>	<div>Doctor Day / At Sea 23</div> <div>10:00 C Bible Study w/ Mrs. Garrett - "In The Footsteps of the Savior"</div> <div>10:30 \$ Splash Party</div> <div>11:30 L Visit w/ Therapy Dogs, Gus & Zack</div> <div>12:00 D Birthday Steak & Cake</div> <div>1:00 A Bingo</div> <div>3:00 L Sea Breeze Port</div> <div>3:15 A Exercise by Carmen</div> <div>6:30 A Bingo</div>	<div>Market Day 1pm - 3pm / Italy 24</div> <div>9:00 L - 10:00 Publix</div> <div>9:00 L Bank</div> <div>10:00 C Stretch & Balance</div> <div>11:00 L Romeo Luncheon</div> <div>1:00 Aqua Motion w/ Courtney</div> <div>2:00 \$ Grape Smashing</div> <div>3:00 L Taste Of Italy</div> <div>5:00 A CW Chimes</div> <div>6:00 C CW Chorus</div> <div>6:30 D The Sandsational Dance w/ The Cavaliers</div>	<div>China 25</div> <div>11:00 L Out 2 Lunch - Chef Viet's</div> <div>1:00 A Exercise by Carmen</div> <div>2:00 A Dragon Tail Happy Hour w/ Annie</div> <div>6:30 A Bingo</div>	<div>26</div> <div>10:00 A Word Games</div> <div>2:00 A Vintage Life Size Doll Collection Show</div> <div>6:30 A Bingo</div>
<div>9:30 C Church Service</div> <div>10:30 C Livestream Mass / Communion from St. Anne</div> <div>4:30 A Card Games</div> <div>27</div>	<div>28</div> <div>8:30 L \$ "Rod Squad" Fishing Trip</div> <div>1:00 L *Walmart</div> <div>1:00 A Bingo</div> <div>2:15 A Line Dance Class w/ Mr. Brooks</div> <div>3:15 A Exercise by Carmen</div> <div>6:30 A Bingo</div>	<div>Doctor Day 29</div> <div>10:00 C Stretch & Balance</div> <div>1:00 Aqua Motion w/ Courtney</div> <div>2:00 A CW Auction</div> <div>4:00 L Mystery Dinner</div> <div>6:00 C VFW #12110 Meeting</div> <div>6:30 A Coolette Game</div>	<div>Doctor Day 30</div> <div>10:00 C Bible Study w/ Mrs. Garrett - "In The Footsteps of the Savior"</div> <div>11:30 L Visit w/ Therapy Dogs, Gus & Zack</div> <div>1:00 A Bingo</div> <div>2:00 A \$ Corn Hole Game</div> <div>3:15 A Exercise by Carmen</div> <div>6:30 A Bingo</div>	<div>Market Day 1pm - 3pm 31</div> <div>9:00 L - 10:00 Publix</div> <div>9:00 L Bank</div> <div>10:00 C Stretch & Balance</div> <div>10:30 L Trip to Plains, Ga & Lunch</div> <div>1:00 Aqua Motion w/ Courtney</div> <div>2:00 A Popcorn & Card Games</div> <div>5:00 A CW Chimes</div> <div>6:00 C CW Chorus</div> <div>6:30 A Coolette Game</div>	 	



July Birthdays

01	Linda Braski
06	Sydney Flournoy
07	Frances Gaylor
08	Ruth Gilbert*
09	Molly Farmer
12	George Temples
15	Mamie Brown*
18	Skeet Miner*102
19	Gail Temples
23	Eris Farmer
23	Lisa Shaw
26	Frank Braski
27	June Boren
31	Virginia Hammond

* **Nineties Club**

'Splint' Is One

How many words can you spell from the words 'national parks?'



A Peony Paradise

Alaska is known for its glaciers and gold, salmon and scenic views, but peonies have blossomed as one of the state's attractions. The flower's pretty ruffled petals make it a perennial favorite in summer wedding bouquets. On farms in the Last Frontier, the long hours of sunshine and unique climate extend the blooming season of these gorgeous flowers.

Brainteaser

Q: What is always coming but never arrives? (Hint: Annie loves it.)

A: Tomorrow.

Covenant Woods Team

General Manager Lisa Lewis
 Office Manager .. Sandy Mitchem
 Sales Stephanie Boan
 Marketing Nona Christie
 Home Care Twyna Rutledge
 Dining Services Lucy Greene
 Dining Room Tiffany Thomas
 Recreation Alisha Brooks
 Recreation Asst Annie Morgan
 Transportation Dennis Johnson
 Housekeeping Malinda Dowell
 Maintenance Jamar Brooks
 Resident Care Angela Scott
 Pines Recreation Brenda Rivas

IMPORTANT NUMBERS

Front Desk (706) 561-1401
 Beauty Shop (706) 568-1723
 Fire, Police & Ambulance 911



Spread Sunshine

"A compliment is verbal sunshine." —Robert Orben



COVENANT WOODS

A SENIOR LIVING COMMUNITY

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