

(706) 561-1401

Life is Good at Covenant Woods

Find us on 



Happy Easter!

It's a time of rebirth and renewal. Whether you're celebrating the arrival of spring, bunnies bearing eggs or the religious significance of Easter, our staff wishes all of you a wonderful holiday.



Blown Away by Spring

Spring and strong winds often go hand in hand. This is due to shifting atmospheric pressure and temperature changes. According to the World Meteorological Organization, the maximum natural wind gust ever recorded clocked in at 253 mph on April 10, 1996, in Barrow Island, Australia.






Spring Breezes

"There is no glory in star or blossom till looked upon by a loving eye; There is no fragrance in April breezes till breathed with joy as they wander by." —William Cullen Bryant

Remember When: The Milkman

Getting fresh milk and dairy products didn't always require a trip to the store. Up until the 1960s, the neighborhood milkman might have delivered glass bottles of milk and other dairy staples to homes several times a week. Neatly outfitted in white uniforms, milkmen became like friends of the family. The convenient service had all but disappeared by the 1970s, but the concept has seen a small revival in the past decade.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>April Fools' Day 1</p> <p>2:00 L Aqua Motion 4:00 L Trip to The Moon 9:00 O Bungee Jumping 12:00 Cottages Bumper Cars 2:00 L Sky Diving 6:30 Cottages Pet Race</p>	<p>Doctor Day 2</p> <p>10:00 C Ladies' Bible Study w/ Mrs. Garrett 11:30 L Visit w/ Therapy Dogs, Gus & Zack 1:00 Cottages Bingo 1:00 C St. Anne Mass 2:00 D Music by David Tyler 3:15 Cottages Exercise by Carmen 6:30 Cottages Bingo</p>	<p>3</p> <p>9:00 L -10:00 Publix 9:00 L Bank 10:00 C Stretch & Balance 11:00 O Sweet Something & Jewelry 2:00 D Town Hall 2:30 Cottages Making Easter Egg Door Wreaths 5:00 Cottages CW Chimes 6:00 C CW Chorus 6:30 Cottages Coquette Game</p>	<p>4</p> <p>9:00 L Out 2 Lunch - Trip to Little White House & Lunch 1:00 Cottages Exercise by Carmen 2:00 Cottages Happy Hour w/ Annie 6:30 Cottages Bingo</p>	<p>5</p> <p>10:00 Cottages Word Games 10:30 L Outing w/ Dennis 2:00 G2 Poker Time 3:00 Cottages Let's Play Games 6:30 Cottages Bingo</p>
<p>6</p> <p>9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 2:00 Cottages Bridge Club w/ Ms. Fran 3:00 Cottages Book Club 4:30 Cottages Card Games</p>	<p>7</p> <p>9:30 N Free BP & Health Check w/ Piedmont Cols Regional 10:00 L *Target Center 1:00 L *Walmart 1:00 Cottages Bingo 2:15 Cottages Line Dance Class w/ Mr. Brooks 3:15 Cottages Exercise by Carmen 6:30 Cottages Bingo</p>	<p>8</p> <p>Doctor Day</p> <p>10:00 C Stretch & Balance 12:00 PC Music by Jan Hyatt 1:00 Cottages -3:00 Making Easter Hats 2:00 L Crochet Ladies 6:30 Cottages Coquette Game</p>	<p>9</p> <p>Doctor Day</p> <p>10:00 C Ladies' Bible Study w/ Mrs. Garrett 11:30 L Visit w/ Therapy Dogs, Gus & Zack 1:00 Cottages Bingo 1:00 Cottages Cottage Cookout 3:15 Cottages Exercise by Carmen 6:30 Cottages Bingo</p>	<p>10</p> <p>Market Day 1pm - 3pm</p> <p>9:00 L -10:00 Publix 9:00 L Bank 10:00 C Stretch & Balance 12:00 D Birthday Steak & Cake 12:00 PC Music by Nadine Coker 2:00 D Birthday Celebration w/ Lee Daniel 5:00 Cottages CW Chimes 6:00 C CW Chorus 6:30 Cottages Coquette Game</p>	<p>11</p> <p>11:00 L Out 2 Lunch - LongHorn Steakhouse 11:30 O Beauty w/ Mary Kay 1:00 Cottages Exercise by Carmen 2:00 Cottages Happy Hour w/ Annie 6:30 Cottages Bingo</p>	<p>12</p> <p>10:00 Cottages Word Games 2:00 G2 Poker Time 3:00 Cottages Let's Play Games 6:30 Cottages Bingo</p>
<p>13</p> <p>9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 2:00 Cottages Bridge Club w/ Ms. Fran 2:00 C Worship Service w/ Rev. Ronnie 3:00 L Music by George Corradino 4:30 Cottages Card Games</p>	<p>14</p> <p>10:00 L *Cols. Park Crossing 1:00 L *Peachtree Mall 1:00 Cottages Bingo 2:15 Cottages Line Dance Class w/ Mr. Brooks 3:15 Cottages Exercise by Carmen 6:30 Cottages Bingo</p>	<p>15</p> <p>Doctor Day</p> <p>10:00 C Stretch & Balance 1:00 L Walking Club "Get Your Steps in" 2:00 L Crochet Ladies 2:00 Cottages CW Tea Party 6:30 Cottages Coquette Game</p>	<p>16</p> <p>Doctor Day / National Pajama Day</p> <p>10:00 C Ladies' Bible Study w/ Mrs. Garrett 11:30 L Visit w/ Therapy Dogs, Gus & Zack 1:00 Cottages Bingo 2:00 Cottages Popcorn & Games 3:15 Cottages Exercise by Carmen 6:30 Cottages Bingo</p>	<p>17</p> <p>Market Day 1pm - 3pm</p> <p>9:00 L -10:00 Publix 9:00 L Bank 10:00 C Stretch & Balance 1:00 Cottages -3:00 Easter Bake Sale 2:00 D Hymn Sing Along w/ Mr. Register 5:00 Cottages CW Chimes 6:00 C CW Chorus 6:30 Cottages Coquette Game</p>	<p>18</p> <p>Good Friday</p> <p>11:00 L Out 2 Lunch - Ruby Tuesday 1:00 L CW Easter Egg Hunt 1:00 Cottages Exercise by Carmen 2:00 Cottages Happy Hour w/ Annie 6:30 Cottages Bingo</p>	<p>19</p> <p>10:00 Cottages Word Games 1:00 Cottages Arts & Craft w/ Alisha 2:00 G2 Poker Time 3:00 Cottages Let's Play Games 6:30 Cottages Bingo</p>
<p>20</p> <p>Happy Easter</p> <p>9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 2:00 Cottages Bridge Club w/ Ms. Fran 2:00 L Music by Jan Hyatt 4:30 Cottages Card Games</p>	<p>21</p> <p>10:00 L *Target Center 1:00 L *Walmart 1:00 Cottages Bingo 2:15 Cottages Line Dance Class w/ Mr. Brooks 3:15 Cottages Exercise by Carmen 6:30 Cottages Bingo</p>	<p>22</p> <p>Doctor Day</p> <p>10:00 C Stretch & Balance 2:00 Cottages Making Flower Painting w/ Pine Cones 6:00 C VFW #12110 Meeting 6:30 Cottages Coquette Game</p>	<p>23</p> <p>Doctor Day</p> <p>10:00 C Ladies' Bible Study w/ Mrs. Garrett 11:30 L Visit w/ Therapy Dogs, Gus & Zack 1:00 Cottages Bingo 2:00 Cottages Bowling 3:15 Cottages Exercise by Carmen 6:30 Cottages Bingo</p>	<p>24</p> <p>Market Day 1pm - 3pm</p> <p>9:00 L -10:00 Publix 9:00 L Bank 10:00 C Stretch & Balance 12:00 PC Music by Nadine Coker 1:00 L Twice Blessed Thrift Store 5:00 Cottages CW Chimes 6:00 C CW Chorus 6:30 D Spring Swing Dance</p>	<p>25</p> <p>11:00 L Out 2 Lunch - Jr's Steakhouse 1:00 Cottages Exercise by Carmen 3:00 Pool Mix & Mingle in the Woods 6:30 Cottages Bingo 6:30 D The Homecoming by CW Vocal Band</p>	<p>26</p> <p>10:00 Cottages Word Games 2:00 D Music by Lindy Hamilton 2:00 G2 Poker Time 3:00 Cottages Let's Play Games 6:30 Cottages Bingo</p>
<p>27</p> <p>9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 2:00 Cottages Bridge Club w/ Ms. Fran 2:00 C Worship Service w/ Rev. Ronnie 4:30 Cottages Card Games 5:00 L Concert @ Wynnbrook Baptist Church</p>	<p>28</p> <p>8:30 L "Rod Squad" Fishing Trip 1:00 L *Cols. Park Crossing 1:00 Cottages Bingo 2:15 Cottages Line Dance Class w/ Mr. Brooks 3:15 Cottages Exercise by Carmen 6:30 Cottages Bingo</p>	<p>29</p> <p>Doctor Day</p> <p>10:00 C Stretch & Balance 1:00 L Walking Club "Get Your Steps in" 2:00 Cottages CW Auction 4:00 L Mystery Dinner 6:30 Cottages Coquette Game</p>	<p>30</p> <p>Doctor Day</p> <p>10:00 C Ladies' Bible Study w/ Mrs. Garrett 11:30 L Visit w/ Therapy Dogs, Gus & Zack 1:00 Cottages Bingo 2:00 D Music by Sam Beman 3:15 Cottages Exercise by Carmen 6:30 Cottages Bingo</p>			



April Birthdays

- 05 Marcelle Mitchell*
- 09 Betty Allison
- 21 Anne Thompson
- 21 Pat Culpepper
- 23 David Randall
- 29 Arthur Land*
- 29 Retta Steven*

* Nineties Club

Sending You a Springtime Smile!

The season is in full bloom, and so are our best wishes for all of our residents. Here's to a happy spring full of smiles, laughter and beautiful weather!



Wild World: Mallard Duck

The most common wild duck in the U.S., the mallard is also thought to be the most abundant and wide-ranging duck in the world. It is found in fresh bodies of water throughout North America, Europe and Asia. Male mallards, called drakes, have a green head, a white neckband and a brown and gray body. Females have mottled brown and white feathers all over their bodies except for an iridescent blue patch on their wings. Mallards are dabbling ducks, meaning they tip their bodies vertically into the water, with their tail in the air, to feed on fish, frogs and plants. Female mallards quack, but males do not; instead, they make a soft, raspy sound.

Covenant Woods Team

- General Manager Lisa Lewis
- Office Manager .. Sandy Mitchem
- Sales Stephanie Boan
- Marketing Nona Christie
- Home Care Twyna Rutledge
- Dining Services Lucy Greene
- Dining Room Tiffany Thomas
- Recreation Alisha Brooks
- Rec Assist Annie Morgan
- Transportation Dennis Johnson
- Housekeeping Malinda Dowell
- Maintenance Jamar Brooks
- Resident Care Angela Scott
- Pines Rec Brenda Rivas

IMPORTANT NUMBERS

- Front Desk (706) 561-1401
- Beauty Shop (706) 568-1723
- Fire, Police & Ambulance 911



April 1st

Residents' Cook-out in main Activity Room @ 11 am



COVENANT WOODS

A SENIOR LIVING COMMUNITY

5424 Woodruff Farm Rd. • Columbus, GA 31907