



(706) 561-1401

Life is Good at Covenant Woods

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Holiday Wishes

Merry Christmas and Happy New Year to you and your family! May the weeks ahead be filled with all the blessings of a joyous holiday season.



A Year Gone By

"How did it get so late so soon? It's night before it's afternoon. December is here before it's June. My goodness how the time has flown. How did it get so late so soon?" —Dr. Seuss



Color of the Year: Viva Magenta

The color of 2023, according to the Pantone Color Institute, was Viva Magenta. This lively red hue is certainly a sight to see, but we'll leave the choice up to you: Was 2023 Viva Magenta? If not, what color would you choose to describe the year?

Stay Healthy This Season

During cold and flu season, bolster your immunity by practicing the basics of good health: Wash your hands often, eat a nutritious diet, exercise regularly and get plenty of rest.

Sparkly Snow Globes

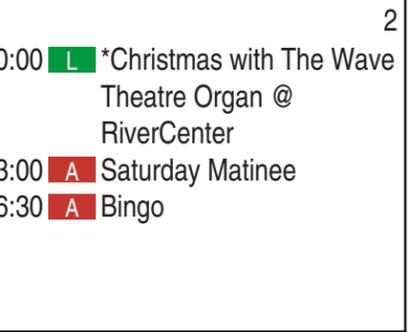
There's something magical about shaking a snow globe and peering at the miniature scene inside as the glittery specks—known as "flitter"—fall to the bottom. These charming collectibles have been around since the late 1800s and are popular gift shop souvenirs as well as holiday décor. To prevent the water from clouding or leaking over time, store snow globes out of direct sunlight.



'Bells' Is One

How many words can you come up with using the letters in "holly berries"?



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p style="text-align: right;">3</p> <p>9:30 C Church Service</p> <p>10:30 C Livestream Mass / Communion from St. Anne</p> <p>4:30 A Sunday Night Movie</p>	<p style="text-align: right;">4</p> <p>9:30 N Free BP & Health Check w/ Piedmont Cols Regional</p> <p>10:00 C "When the morning begins" Devotion Time w/ Rev. Kinley</p> <p>10:00 L *Target Center</p> <p>1:00 L *Walmart</p> <p>1:00 A Bingo</p> <p>2:15 A Line Dance Class</p> <p>3:00 C Big Screen & Virtual Time</p> <p>3:15 A Exercise by Carmen</p> <p>6:00 L CCO Concert "Christmas Around the World"</p> <p>6:30 A Bingo</p>	<p style="text-align: right;">5</p> <p>Doctor Day</p> <p>10:00 C Stretch & Balance</p> <p>2:00 L Crochet Ladies</p> <p>2:00 A Popcorn & Games</p> <p>3:00 C Big Screen & Virtual Time</p> <p>6:30 A Bingo</p>	<p style="text-align: right;">6</p> <p>Doctor Day</p> <p>10:30 A Arts & Craft w/ Annie</p> <p>11:30 L Visit w/ Therapy Dogs, Gus & Zack</p> <p>12:00 PC Music by Nadine Coker</p> <p>1:00 A Bingo</p> <p>1:00 C St. Anne Mass</p> <p>2:00 D Birthday Celebration w/ David Tyler</p> <p>3:00 C Big Screen & Virtual Time</p> <p>3:15 A Exercise by Carmen</p> <p>6:30 A Coquette Game</p>	<p style="text-align: right;">7</p> <p>9:00 PC -2 VA Benefits Appt</p> <p>9:00 L Bank</p> <p>9:45 L / 10:30 Publix</p> <p>10:00 C Stretch & Balance</p> <p>11:00 O Sweet Somethings</p> <p>12:00 D Birthday Steak & Cake</p> <p>1:00 C Conversation & Brain Games</p> <p>2:30 A The Church Music Academy Christmas Piano Recital</p> <p>4:30 D The Church Music Academy Christmas Choir Program</p> <p>6:30 A Bingo</p>	<p style="text-align: right;">8</p> <p>10:00 D St. Luke School Christmas Program</p> <p>11:00 L Out 2 Lunch - Mark's City Grill</p> <p>1:00 A Exercise by Carmen</p> <p>2:00 A Happy Hour w/ Annie</p> <p>6:15 C CW Bible Study</p> <p>6:30 A Coquette Game</p>	<p style="text-align: right;">9</p> <p>10:00 L *Christmas with The Wave Theatre Organ @ RiverCenter</p> <p>3:00 A Saturday Matinee</p> <p>6:30 A Bingo</p>
<p style="text-align: right;">10</p> <p>9:30 C Church Service</p> <p>10:30 C Livestream Mass / Communion from St. Anne</p> <p>1:00 A Coquette & Card Game w/ Penelope</p> <p>4:30 A Sunday Night Movie</p>	<p style="text-align: right;">11</p> <p>Bookmobile Day</p> <p>9:30 A Coffee Chat & Sweet</p> <p>10:00 C "When the morning begins" Devotion Time w/ Rev. Kinley</p> <p>10:00 L *Cols. Park Crossing</p> <p>1:00 L *Peachtree Mall</p> <p>1:00 A Bingo</p> <p>2:15 A Line Dance Class</p> <p>3:00 C Big Screen & Virtual Time</p> <p>6:30 A Bingo</p> <p>6:30 L Fantasy in Lights @ Callaway</p>	<p style="text-align: right;">12</p> <p>Doctor Day</p> <p>10:00 C Stretch & Balance</p> <p>12:00 PC Music by Jan Hyatt</p> <p>1:00 B3 Learn how to Play Bridge w/ Ms. Fran</p> <p>2:00 A Pretty Nails</p> <p>3:00 C Big Screen & Virtual Time</p> <p>6:30 A Bingo</p>	<p style="text-align: right;">13</p> <p>Doctor Day</p> <p>10:30 A Arts & Craft w/ Annie</p> <p>11:30 L Visit w/ Therapy Dogs, Gus & Zack</p> <p>1:00 A Bingo</p> <p>2:00 A Hot Chocolate & Christmas Jazz w/ Jonathan Lilly</p> <p>3:00 C Big Screen & Virtual Time</p> <p>6:30 A Coquette Game</p>	<p style="text-align: right;">14</p> <p>Christmas Family Dinner</p> <p>9:00 PC -2 VA Benefits Appt</p> <p>9:00 L Bank</p> <p>9:45 L / 10:30 Publix</p> <p>10:00 C Stretch & Balance</p> <p>1:00 C Conversation & Brain Games</p> <p>4:00 D Christmas Family Dinner (RSVP)</p> <p>6:30 A Bingo</p>	<p style="text-align: right;">15</p> <p>10:30 L Out 2 Lunch - Bullock House</p> <p>1:00 A Exercise by Carmen</p> <p>2:00 A Happy Hour w/ Annie</p> <p>6:15 C CW Bible Study</p> <p>6:30 A Coquette Game</p>	<p style="text-align: right;">16</p> <p>10:00 A Word Games</p> <p>1:00 A Coquette & Card Game w/ Penelope</p> <p>2:00 D Music by Ron Gavin</p> <p>3:00 A Saturday Matinee</p> <p>6:30 A Bingo</p>
<p style="text-align: right;">17</p> <p>9:30 C Church Service</p> <p>10:30 C Livestream Mass / Communion from St. Anne</p> <p>4:30 A Sunday Night Movie</p>	<p style="text-align: right;">18</p> <p>10:00 C "When the morning begins" Devotion Time w/ Rev. Kinley</p> <p>10:00 L *Target Center</p> <p>1:00 L *Walmart</p> <p>1:00 A Bingo</p> <p>2:15 A Line Dance Class</p> <p>3:00 C Big Screen & Virtual Time</p> <p>3:15 A Exercise by Carmen</p> <p>6:30 A Bingo</p>	<p style="text-align: right;">19</p> <p>Doctor Day</p> <p>10:00 C Stretch & Balance</p> <p>1:00 L Crochet Ladies</p> <p>2:00 A Caroling w/ Mr. King</p> <p>3:00 C Big Screen & Virtual Time</p> <p>6:00 C VFW #12110 Meeting</p> <p>6:30 A Bingo</p>	<p style="text-align: right;">20</p> <p>Doctor Day</p> <p>10:30 A Arts & Craft w/ Annie</p> <p>11:30 L Visit w/ Therapy Dogs, Gus & Zack</p> <p>12:00 PC Music by Nadine Coker</p> <p>1:00 A Bingo</p> <p>2:00 A Gift Wrap Relay</p> <p>3:00 C Big Screen & Virtual Time</p> <p>3:15 A Exercise by Carmen</p> <p>6:30 A Coquette Game</p>	<p style="text-align: right;">21</p> <p>9:00 PC -2 VA Benefits Appt</p> <p>9:00 L / 9:30 Publix</p> <p>9:00 L Bank</p> <p>10:00 L Gingerbread Village @ RiverCenter & Juliet Luncheon</p> <p>10:00 C Stretch & Balance</p> <p>1:00 C Conversation & Brain Games</p> <p>2:00 A Decorating Christmas Cookies</p> <p>3:00 C Big Screen & Virtual Time</p> <p>6:30 A Bingo</p>	<p style="text-align: right;">22</p> <p>11:00 L Out 2 Lunch - Rose Hill Seafood</p> <p>1:00 A Exercise by Carmen</p> <p>2:00 A Happy Hour w/ Annie</p> <p>6:15 C CW Bible Study</p> <p>6:30 A Coquette Game</p>	<p style="text-align: right;">23</p> <p>10:00 A Word Games</p> <p>2:00 D Music by Lindy Hamilton</p> <p>3:00 A Saturday Matinee</p> <p>6:30 A Bingo</p>
<p style="text-align: right;">24</p> <p>9:30 C Church Service</p> <p>10:30 C Livestream Mass / Communion from St. Anne</p> <p>4:30 A Sunday Night Movie</p>	<p style="text-align: right;">25</p> <p>Merry Christmas</p> <p>10:00 C "When the morning begins" Devotion Time w/ Rev. Kinley</p> <p>3:00 A Christmas Movie & Snacks</p> <p>6:30 A Bingo</p>	<p style="text-align: right;">26</p> <p>10:00 C Stretch & Balance</p> <p>1:00 B3 Learn how to Play Bridge w/ Ms. Fran</p> <p>2:00 A Games</p> <p>3:00 C Big Screen & Virtual Time</p> <p>6:30 A Bingo</p>	<p style="text-align: right;">27</p> <p>Doctor Day</p> <p>10:30 A Arts & Craft w/ Annie</p> <p>11:30 L Visit w/ Therapy Dogs, Gus & Zack</p> <p>1:00 A Bingo</p> <p>2:00 A CW Auction</p> <p>3:00 C Big Screen & Virtual Time</p> <p>3:15 A Exercise by Carmen</p> <p>6:30 A Coquette Game</p>	<p style="text-align: right;">28</p> <p>9:00 PC -2 VA Benefits Appt</p> <p>9:00 L Bank</p> <p>9:45 L / 10:30 Publix</p> <p>10:00 C Stretch & Balance</p> <p>1:00 C Conversation & Brain Games</p> <p>2:00 A Popcorn & Word Games</p> <p>3:00 C Big Screen & Virtual Time</p> <p>6:30 A Bingo</p>	<p style="text-align: right;">29</p> <p>11:00 L Out 2 Lunch - New China</p> <p>1:00 A Exercise by Carmen</p> <p>2:00 A Happy Hour w/ Annie</p> <p>6:15 C CW Bible Study</p> <p>6:30 A Coquette Game</p>	<p style="text-align: right;">30</p> <p>10:00 A Word Games</p> <p>2:00 D Music by David Tyler</p> <p>3:00 A Saturday Matinee</p> <p>6:30 A Bingo</p>
<p style="text-align: right;">31</p> <p>9:30 C Church Service</p> <p>10:30 C Livestream Mass / Communion from St. Anne</p> <p>6:30 D New Year's Eve Dance w/ Jim Evans & Band</p>						



December Birthdays

- 02 Chuck Wilson
- 03 Helen Rowe*
- 05 Betty Parker*
- 08 Connie Dervan*
- 10 Ronnie Bush
- 12 Bonnie Vannoy*
- 13 Emory Cooper*
- 17 Ivan Gamet*
- 17 Merne Posey
- 18 Gladys Fuller
- 21 Cecelia Mohler*
- 21 Donnie Culpepper*
- 24 James McCoy
- 25 Jack Hendrix*
- 31 Elaine Payne
- 31 Clarence Rhymes

* **Nineties Club**



Wild World: Arctic Wolf

White coats and golden eyes make for a majestic-looking creature in the arctic wolf. The only wolves with their snowy coloring, they are able to blend into their tundra environment in North America and Greenland. Arctic wolves don't come into contact with humans often because of their cold, isolated habitat, but like other wolf species, they are social animals that live and hunt in packs with a clear pecking order. They are slightly smaller than their gray wolf counterpart and are able to survive in sub-zero temperatures with nearly five months of darkness.

Covenant Woods Staff

- General Manager Lisa Lewis
- Business Office Kerri Woodall
- Resident Care Toni Mundy, LPN
- Sales Jennifer Brown
- Marketing Nona Christie
- Home Health Twyna Rutledge
- Dining Services Lucy Greene
- Dining Room Tiffany Thomas
- Recreation Alisha Brooks
- Rec Assist Annie Morgan
- Transportation Dennis Johnson
- Housekeeping Malinda Dowell
- Maintenance Jamar Brooks

IMPORTANT NUMBERS

- Front Desk (706) 561-1401
- Beauty Shop (706) 568-1723
- Fire, Police & Ambulance 911



Bringing Good Cheer

"I shall try to make my life like an open fireplace, so that people may be warmed and cheered by it and so go out themselves to warm and cheer."
—George Matthew Adams



COVENANT WOODS

A SENIOR LIVING COMMUNITY

5424 Woodruff Farm Rd. • Columbus, GA 31907