

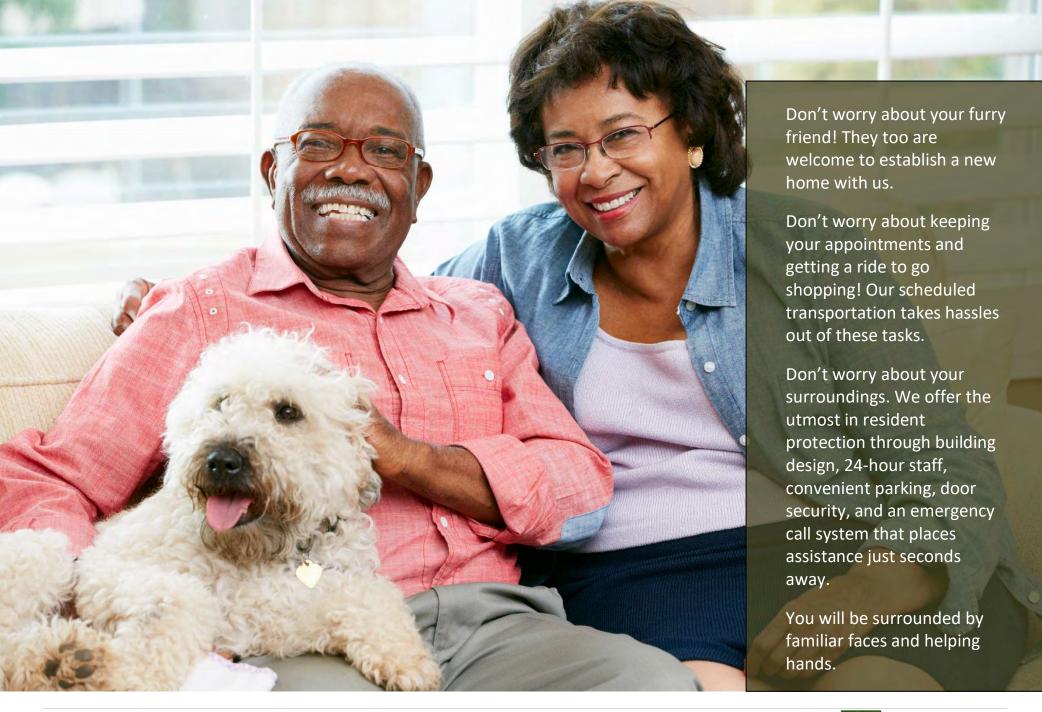
# **RELATIONSHIPS**





# FREEDOM & INDEPENDENCE





# **WORRY FREE LIVING**





No more meal preparations, cleanup, shopping, or deciding what you might make for one or two people. Life can be easy at Covenant Woods when you take a short walk from your apartment to the main dining room. You will be greeted by friendly faces whom you have come to adore and by staff ready to serve you.

Our talented Chef takes pride in preparing a varied daily menu featuring mouth-watering, fulfilling, and nutritious selections including local favorites and regional fare. Residents always have options at mealtime and enjoy meals served by courteous, staff. Additionally, we provide an "Always Available" menu. Mid-meal snacks and beverages available throughout the day. Residents are welcome to invite guests to join them in the community dining room or reserve the private dining room to host their gathering.

## **RESTAURANT-STYLE DINING**





Our residents engage in daily activities that bring life and happiness. These activities can help you learn new skills, cultivate strong relationships, and ensure the next chapter of your life is your best yet. Life need not slow down or get boring when you are at Covenant Woods. Our calendar is full of entertainment, events, community outings, shopping, and theater trips. Our staff are creative and encourage residents to explore and embrace new things. Connect in warm and interesting conversations or just catch up on each other's lives. Visit us to experience why residents say, "Life is good at Covenant Woods."

# **ENGAGING ACTIVITIES**



#### **Personal Care**

We provide assistance with activities of daily living and create a care plan that is specific to each resident's needs. Caregivers offer personalized supportive services and professional care to promote individual independence with dignity. Our staff of LPNs, Certified Medication Aides, and CNAs assist with bathing, dressing, hygiene, grooming, and other activities of daily living as well as medication management. Three daily meals, 24-hour emergency response, daily housekeeping, and personal laundry service are all included in your lease.

## **Independent Plus**

Independent Plus is a personal assistance program designed to meet the individual needs of our residents in our Independent Living homes. Sometimes, Independent Living residents need assistance with only one or two activities of daily living (not the full spectrum of support provided by Personal Care).

Independent Plus offers you the perfect solution! Choose the specific services you need from our à la carte listing while still enjoying the active environment of Independent Living. Our professional staff will assist with medication management, diabetic care, bathing, and dressing, or simply check-in regularly to ensure well-being.





## **SUPPORRT SERVICES**









### Wellness

We are dedicated to maximizing the health and well-being of each resident. Our social events, fitness classes and quality services create a well-rounded, healthy environment for our seniors. Our experienced staff plan fulfilling activities and develop customized assistance plans to meet each resident's needs.

We also believe in the value of a healthy mind, body, and spirit. We offer an assortment of wellness activities like swimming or walking groups. Our fitness programs make it easy and fun to maintain a healthy body. Our fitness classes also cater to all experience and independence levels, allowing everyone to participate in exercise programs.

#### **Healthcare**

Personal Care is an excellent choice if you could use a little extra help with daily activities to continue enjoying an active lifestyle. Personal Care includes housing, support services and healthcare as needed.

We offer Home Health in private residences that combine personalized supportive services and healthcare designed to promote maximum independence while meeting the individual needs of each resident.

Our caring, professional staff includes LPNs, Certified Medication Aides, and CNAs. They assist with bathing, dressing, hygiene, grooming and other activities of daily living as well as medication management.

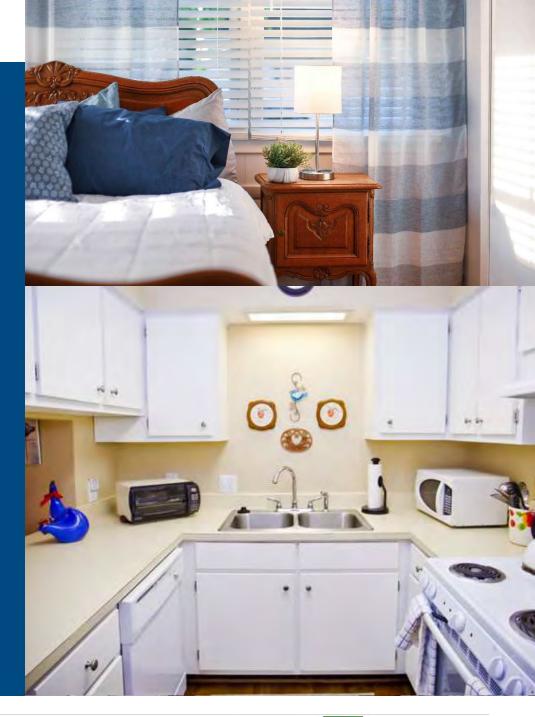




## **Apartment Living**

Choose from available maintenance-free, independent living apartment floor plans.

- Variety of Floor Plans for Studio, 1-Bedroom, and 2-Bedrooms (and Cottages)
- Three restaurant-style meals (continental breakfast)
- Private balcony/patio
- Elevators
- Fire-resistant construction materials, smoke detectors, and sprinkler system
- Emergency Pull & Pendant System monitored by onsite staff
- Individually controlled heating & A/C
- Fully equipped kitchen and bathroom with safety equipment
- All utilities except telephone
- WiFi throughout the building (free to guests)
- Apartment and appliance maintenance
- Weekly housekeeping and linen services
- Regular health and wellness checks
- In-house visiting physician and podiatrist
- Pet friendly
- Scheduled transportation







#### **SERVICES & AMENITIES**



- ✓ Worry-free, Supportive Care
- ✓ Convenient, Spacious, Affordable
- ✓ Comfortable & Beautiful
- ✓ Active & Engaging Options Every Day
- ✓ Full-Time Dedicated Staff
- ✓ Night Attendant and Locked Doors
- ✓ Scheduled Transportation
- ✓ Restaurant-Style Dining
- ✓ Onsite Beauty/Barber Shop
- ✓ Library and Computer Center
- ✓ Game and Activities Room
- ✓ Billiards room
- ✓ VFW Post
- √ Chapel
- ✓ On-site Entertainment Variety
- ✓ Social and Cultural Events
- ✓ Hobbies, Arts and Crafts, and Resident-run
  Clubs
- ✓ Excursions and Outings with Transportation
- ✓ Senior fitness and Wellness classes
- ✓ Enclosed Heated Swimming Pool
- ✓ Community and Grounds Maintenance and Upkeep
- ✓ Pet-Friendly
- ✓ Guest Meals and Accommodations (Fee may apply)

**FEATURES** 



#### **COTTAGES**

The Cottages at Covenant Woods provide the privacy of a home with all the benefits of a maintenance-free retirement lifestyle.

These charming brick homes are an easy walk to the main building and the dining room. The airy cottages feature a carport, patio, washer, dryer, two bedrooms, and two baths. Spend the day playing bridge and enjoying live entertainment in the main

building or tend the herbs growing in your planter before reading a book in the tranquility of your own home. The possibilities are endless!

 $\frac{\text{Two Bedroom Cottage}}{\text{Sq. Footage Varies}}$ 

Continental breakfast, choice of lunch or dinner in the main dining room, lawn maintenance, weekly housekeeping, transportation, and 24-hour emergency assistance are all included in the convenient monthly lease.



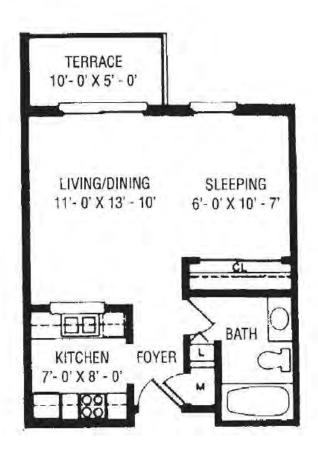


**COTTAGES** 

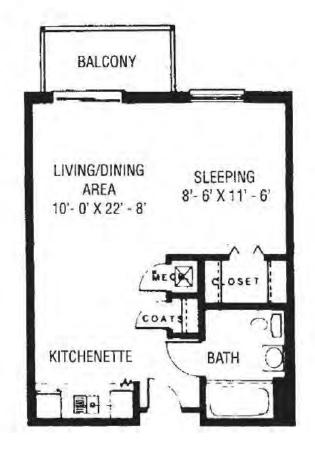


## **Independent Living Apartments**

Studio
Cedar Building
375 sq. ft.



Studio
Birch Building
420 sq. ft.







One Bedroom

Birch Building

600 sq. ft.



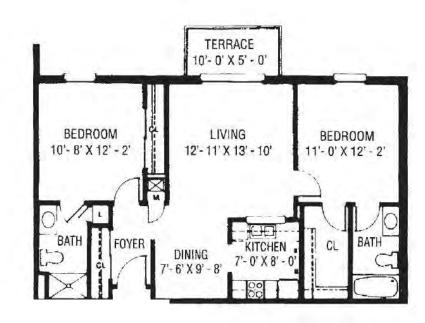


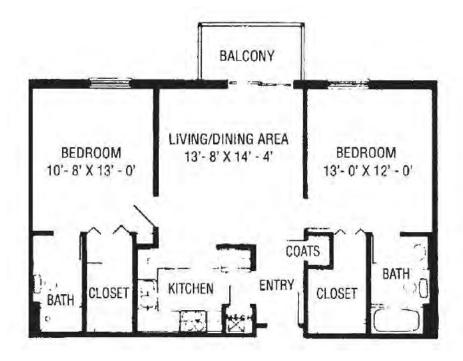
One Bedroom
Cedar Building
620 sq. ft.





Two Bedroom
Cedar Building
815 sq. ft.





Two Bedroom

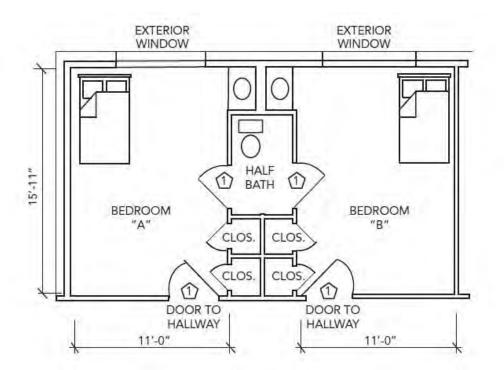
Birch Building

820 sq. ft.

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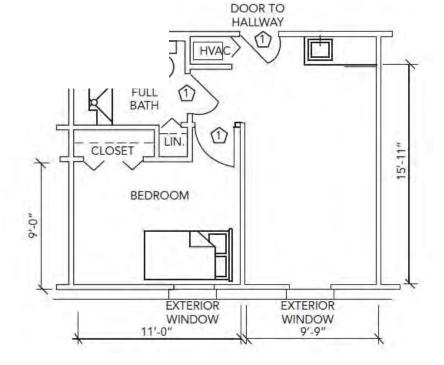






## **Personal Care Apartments**

Studio with shared bath 176 sq. ft.

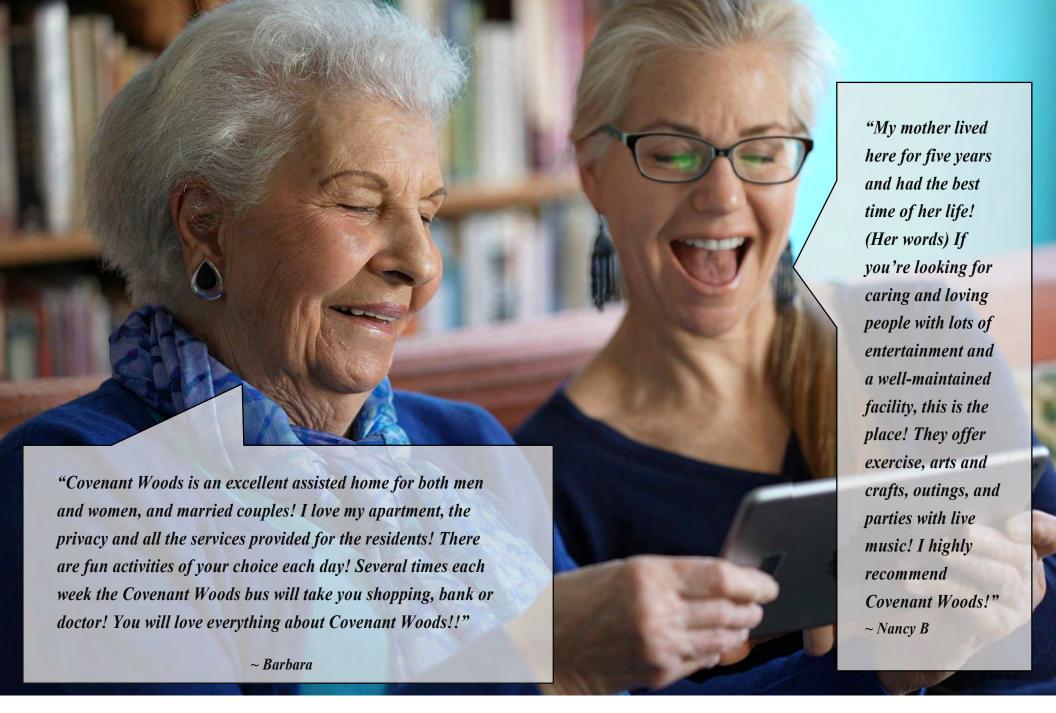


## One Bedroom

with kitchenette and private bath 332 sq. ft.

# **FLOOR PLANS**





# **TESTIMONIALS**





#### **Covenant Woods Retirement**

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