



(706) 561-1401

Life is Good at Covenant Woods

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Farewell to Summer

Observed on the first Monday in September, Labor Day recognizes the achievements of American workers. Many people consider Labor Day the end of the summer season and organize cookouts and other outdoor events. The week of Labor Day also marks the start of the National Football League's regular season.

Shake It Up

Grab a straw for Chocolate Milkshake Day, Sept. 12.



Memorable Melody: '9 to 5'

Dolly Parton wrote this anthem about the workday grind for the movie of the same name. The country star made her acting debut in the 1980 comedy and wrote the song during filming. Along with her singing and songwriting skills, Parton even put her acrylic fingernails to work for the tune: Listeners can hear them as the rhythmic clacking of a typewriter! The spirited theme song earned Parton an Oscar nomination for best original song and two Grammy Awards, including best country song.

The Air Force at 75

The U.S. Air Force turns 75 on Sept. 18, celebrating a long legacy of defending America's skies. In recognition of this milestone, the Air Force has declared their 2022 theme as "Innovate, Accelerate, Thrive ... the Air Force at 75."








A World of Words

Imagine studying a vocabulary list that's 1,000 words long. That's about how many words are added to the Merriam-Webster Dictionary every year. As language evolves, yielding new words and definitions of existing terms, experts study trends and usage so dictionaries can keep up with the times. If the Oxford English Dictionary is your go-to reference, study hard—they update every quarter, adding an average of 4,000 words a year.

Happiness at Home

"The power of finding beauty in the humblest things makes home happy and life lovely."
—Louisa May Alcott



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>PATRIOT DAY WE WILL NEVER FORGET</p>				<p style="text-align: right;">1</p> <p>9:00 ■ - 2 VA Benefits Appt 9:00 ■ Bank 9:45 ■ /10:30 Publix 10:00 ■ Stretch & Balance 2:00 ■ Town Hall Meeting 2:30 ■ Popcorn & Games 6:30 ■ Bingo</p>	<p style="text-align: right;">2</p> <p>11:00 ■ Out 2 Lunch - Cracker Barrel 11:00 ■ Sweet Somethings 2:00 ■ Happy Hour w/ Annie / Wear your Favorite College Team Colors 3:00 ■ Big Screen & Virtual Time 4:00 ■ Jazz Music by Leonard Blunt 6:15 ■ CW Bible Study 6:30 ■ Bingo</p>	<p style="text-align: right;">3</p> <p>10:00 ■ Word Games 10:30 ■ *Outing w/ Dennis 3:00 ■ Saturday Matinee 6:30 ■ Bingo</p>
<p style="text-align: right;">4</p> <p>9:30 ■ Church Service 10:30 ■ Livestream Mass / Communion from St. Anne 4:30 ■ Sunday Night Movie</p>	<p style="text-align: right;">5</p> <p>Labor Day 9:30 ■ "When the morning begins" Devotion Time w/ Rev. Kinley 9:30 ■ Free BP & Health Check w/ Piedmont Cols Regional 1:00 ■ Labor Day Bingo w/ Prizes 3:15 ■ Exercise by Carmen 6:30 ■ L-R-C Game</p>	<p style="text-align: right;">6</p> <p>Doctor Day 10:00 ■ Martha's Sales 10:00 ■ Stretch & Balance 12:15 ■ Kiwanis Club 1:00 ■ Name the Game 2:00 ■ Crochet Ladies 2:00 ■ Share the Spirit w/ Bob Osbon 2:30 ■ Aqua Motion 3:00 ■ Big Screen & Virtual Time 6:30 ■ Bingo</p>	<p style="text-align: right;">7</p> <p>Doctor Day 10:00 ■ Women's Bible Study by Doris Reid 11:00 ■ Arts & Crafts w/ Annie 11:30 ■ Visit w/ Therapy Dogs, Gus & Zack 1:00 ■ Bingo 2:00 ■ Bobbing For Apples Contest 3:00 ■ Big Screen & Virtual Time 3:15 ■ Exercise by Carmen 6:30 ■ Coolette Game</p>	<p style="text-align: right;">8</p> <p>9:00 ■ - 2 VA Benefits Appt 9:00 ■ Bank 9:45 ■ /10:30 Publix 10:00 ■ Stretch & Balance 2:00 ■ Birthday Celebration w/ Mark Sasser 2:30 ■ Aqua Motion 3:00 ■ Big Screen & Virtual Time 6:30 ■ Bingo</p>	<p style="text-align: right;">9</p> <p>10:00 ■ Mary Kay Beauty w/ Cindy 10:30 ■ Out 2 Lunch - Pepper's BBQ 2:00 ■ Happy Hour w/ Annie 3:00 ■ Big Screen & Virtual Time 6:15 ■ CW Bible Study 6:30 ■ Bingo</p>	<p style="text-align: right;">10</p> <p>10:00 ■ Word Games 1:00 ■ Let's play "Coolette" & PO-KE-NO Game 3:00 ■ Saturday Matinee 6:30 ■ Bingo</p>
<p style="text-align: right;">11</p> <p>Grandparents Day/ 9/11 9:30 ■ Church Service 10:30 ■ Livestream Mass / Communion from St. Anne 2:00 ■ Cathedral Of Hope Worship Music 4:30 ■ Sunday Night Movie</p>	<p style="text-align: right;">12</p> <p>9:30 ■ "When the morning begins" Devotion Time w/ Rev. Kinley 10:00 ■ *Target Center 1:00 ■ *Walmart 1:00 ■ Bingo 2:00 ■ Chocolate Milkshake Day 3:00 ■ Big Screen & Virtual Time 3:15 ■ Exercise by Carmen 6:30 ■ L-R-C Game</p>	<p style="text-align: right;">13</p> <p>Doctor Day 10:00 ■ Stretch & Balance 12:00 ■ Music by Jan Hyatt 12:15 ■ Kiwanis Club 1:00 ■ Name the Game 2:00 ■ Music by David Tyler 2:30 ■ Aqua Motion 3:00 ■ Big Screen & Virtual Time 6:30 ■ Bingo</p>	<p style="text-align: right;">14</p> <p>Doctor Day 10:00 ■ Women's Bible Study by Doris Reid 11:00 ■ Arts & Crafts w/ Annie 11:30 ■ Visit w/ Therapy Dogs, Gus & Zack 12:00 ■ Birthday Steak & Cake 1:00 ■ Bingo 2:00 ■ Popcorn & Games 3:00 ■ Big Screen & Virtual Time 3:15 ■ Exercise by Carmen 6:30 ■ Coolette Game</p>	<p style="text-align: right;">15</p> <p>9:00 ■ - 2 VA Benefits Appt 9:00 ■ Bank 9:45 ■ /10:30 Publix 10:00 ■ Stretch & Balance 11:00 ■ *Juliets Women's Luncheon 2:00 ■ Hymn Sing Along w/ Mr. Bobby 2:30 ■ Aqua Motion 3:00 ■ Big Screen & Virtual Time 5:00 ■ *Shrine Club Bingo 6:30 ■ Bingo</p>	<p style="text-align: right;">16</p> <p>9:30 ■ Out 2 Lunch - Trip to Victory Land Casino in Shorter, AL. & Lunch 2:00 ■ Happy Hour w/ Annie 3:00 ■ Big Screen & Virtual Time 6:15 ■ CW Bible Study 6:30 ■ Bingo</p>	<p style="text-align: right;">17</p> <p>10:00 ■ Word Games 2:00 ■ Music by Ron Gavin 3:00 ■ Saturday Matinee 6:30 ■ Bingo</p>
<p style="text-align: right;">18</p> <p>9:30 ■ Church Service 10:30 ■ Livestream Mass / Communion from St. Anne 1:00 ■ Let's play "Coolette" 2:00 ■ Gospel Music w/ Bob Osbon & Friend 4:30 ■ Sunday Night Movie</p>	<p style="text-align: right;">19</p> <p>9:30 ■ "When the morning begins" Devotion Time w/ Rev. Kinley 9:30 ■ Coffee Chat & Sweets by Dennis 10:00 ■ * Cols Park Crossing 1:00 ■ * Peachtree Mall 1:00 ■ Bingo 2:15 ■ Line Dancing Classes 3:00 ■ Big Screen & Virtual Time 3:15 ■ Exercise by Carmen 6:00 ■ *The Columbus Community Orchestra: Best of Broadway 6:30 ■ L-R-C Game</p>	<p style="text-align: right;">20</p> <p>Doctor Day 10:00 ■ Stretch & Balance 12:15 ■ Kiwanis Club 1:00 ■ Name the Game 2:00 ■ Crochet Ladies 2:00 ■ Pretty Nails Day 2:30 ■ Aqua Motion 3:00 ■ Big Screen & Virtual Time 6:30 ■ Bingo</p>	<p style="text-align: right;">21</p> <p>Doctor Day 10:00 ■ River City Square Dancers 10:00 ■ Women's Bible Study by Doris Reid 11:00 ■ Arts & Crafts w/ Annie 11:30 ■ Visit w/ Therapy Dogs, Gus & Zack 1:00 ■ Bingo 2:00 ■ Making Apple Pie in a Cup 3:00 ■ Big Screen & Virtual Time 3:15 ■ Exercise by Carmen 6:30 ■ Coolette Game</p>	<p style="text-align: right;">22</p> <p>9:00 ■ - 2 VA Benefits Appt 9:00 ■ Bank 9:45 ■ /10:30 Publix 10:00 ■ Stretch & Balance 11:30 ■ * Romeos trip to Bull Creek Golf Range & Lunch 2:30 ■ Aqua Motion 3:00 ■ Big Screen & Virtual Time 6:30 ■ Last Call Before Fall Country Dance w/ David Tyler & Friends</p>	<p style="text-align: right;">23</p> <p>9:30 ■ Out 2 Lunch - Trip to Hills & Dales Estate & Lunch @ Fried Green Tomatoes 2:00 ■ Happy Hour w/ Annie 3:00 ■ Big Screen & Virtual Time 6:15 ■ CW Bible Study 6:30 ■ Bingo</p>	<p style="text-align: right;">24</p> <p>10:00 ■ Word Games 10:30 ■ *Outing w/ Annie 3:00 ■ Saturday Matinee 6:30 ■ Bingo</p>
<p style="text-align: right;">25</p> <p>9:30 ■ Church Service 10:30 ■ Livestream Mass / Communion from St. Anne 2:00 ■ Music by Jan Hyatt 4:30 ■ Sunday Night Movie</p>	<p style="text-align: right;">26</p> <p>8:30 ■ "Rod Squad" Fishing Trip 9:30 ■ "When the morning begins" Devotion Time w/ Rev. Kinley 1:00 ■ *Walmart 1:00 ■ Bingo 2:15 ■ Line Dancing Classes 3:00 ■ Big Screen & Virtual Time 3:15 ■ Exercise by Carmen 6:30 ■ L-R-C Game</p>	<p style="text-align: right;">27</p> <p>Doctor Day 10:00 ■ Stretch & Balance 12:00 ■ Music by Jan Hyatt 12:15 ■ Kiwanis Club 1:00 ■ Name the Game 2:00 ■ Meet & Greet New Residents 2:30 ■ Aqua Motion 3:00 ■ Big Screen & Virtual Time 6:00 ■ VFW #12110 Meeting 6:30 ■ Bingo</p>	<p style="text-align: right;">28</p> <p>Doctor 10:00 ■ Women's Bible Study by Doris Reid 11:00 ■ Arts & Crafts w/ Annie 11:30 ■ Visit w/ Therapy Dogs, Gus & Zack 1:00 ■ Bingo 2:00 ■ CW Auction 3:00 ■ Big Screen & Virtual Time 3:15 ■ Exercise by Carmen 6:30 ■ Coolette Game</p>	<p style="text-align: right;">29</p> <p>9:00 ■ - 2 VA Benefits Appt 9:00 ■ Bank 9:45 ■ /10:30 Publix 10:00 ■ Stretch & Balance 2:00 ■ Popcorn & Card Games 2:30 ■ Aqua Motion 3:00 ■ Big Screen & Virtual Time 5:00 ■ *Mystery Dinner 6:30 ■ Bingo</p>	<p style="text-align: right;">30</p> <p>11:00 ■ Out 2 Lunch - El Carrizo 2:00 ■ Happy Hour w/ Annie 3:00 ■ Big Screen & Virtual Time 6:15 ■ CW Bible Study 6:30 ■ Bingo</p>	



September Birthdays

- 02 Juanita Pate
- 06 Mary Langford*
- 07 Fran Miller*
- 09 Sylvia Harris
- 09 Raquel Snyder
- 10 Susan Aguilar
- 12 Cora Lukehart*
- 14 Wilbur Harris
- 14 June Leffett
- 15 Margaret Milner *101
- 15 Laverne Taft*
- 16 Willie Caswell
- 16 Susan White
- 17 Nomie Green
- 21 Betty Kirby
- 23 Charlene Massey
- 25 Lorie (LaRay) James*
- 27 Jean David
- 27 Lee Harrell
- 28 Paul Szucs*
- 30 Linda McLendon

* **Nineties Club**

Popular Pages: 'The Hobbit'

Although he is around 50 years old, hobbit Bilbo Baggins, the hero of J.R.R. Tolkien's classic novel, has lived a quiet, sheltered life. That changes when he is recruited by the wizard Gandalf and a group of dwarves to help them sneak into the lair of Smaug, a fearsome dragon who has stolen the dwarves' treasure. Published in 1937, the fantastical tale is beloved by children and adults alike, thanks to exciting adventures, warm humor and a memorable menagerie of magical creatures.

Coffee Ice Cubes

When you've had your fill of morning coffee but there's still some left in the pot, pour the excess into an ice cube tray and freeze for a few hours. Store the frozen coffee cubes in an airtight bag and use them to make iced coffee without diluting your drink. Other uses for the cubes include smoothies, milkshakes, desserts and even some savory recipes, such as baked beans or roast beef gravy.

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Positive Thought

"Always remember, you have within you the strength, the patience and the passion to reach for the stars to change the world." —Harriet Tubman



COVENANT WOODS

A SENIOR LIVING COMMUNITY

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