

(706) 561-1401

Life is Good at Covenant Woods

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Cupid's Arrow

Love is in the air in February—there's a whole day set aside for it. Share your memories of past and present loves with your friends and family.

- Do you usually celebrate Valentine's Day? How? Are chocolates and roses standard fare or do you have a less traditional approach? Have you ever written a love letter or a poem to someone?
- Did you exchange valentines with classmates in school? If so, were they store-bought or homemade?
- Is there a particular Valentine's Day you remember clearly? Why was it special? Who was your sweetheart?

Honoring Black History

February is Black History Month, a time to reflect on the achievements of African Americans who helped shape our great nation. These heroes will be the focus of several events this month, so check the calendar and be sure to join us.



Super Bowl Party

It's Super Bowl time! Which team are you rooting for? Or are you cheering for the commercials, or just looking for the chips and dip? Whatever draws you to the big game, join us for football, food and fun during our Super Bowl party!



'Party' Gras

Let the good times roll on Mardi Gras! You won't want to miss out on our colorful, festive party! Check the calendar for all the details and come celebrate with us.

'Count' Is One

How many words can you come up with using the letters in "touchdown"?



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>5 9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 1:00 A Let's play "Coolette" w/ Penelope 2:00 D Nona's Song Circle 4:30 A Sunday Night Movie</p>	 <p>6 9:30 C "When the morning begins" Devotion Time w/ Rev. Kinley 9:30 A Coffee Chat & Sweets by Dennis 9:30 N Free BP & Health Check w/ Piedmont Cols Regional 10:00 L *Cols Park Crossing 1:00 L *Peachtree Mall 1:00 A Bingo 2:15 A Line Dancing Classes 3:00 C Big Screen & Virtual Time 3:15 A Exercise by Carmen 6:30 A L-R-C Game</p>	 <p>7 Doctor Day 10:00 A Stretch & Balance 12:15 A Kiwanis Club 1:00 C Conversations / Show & Tell 2:00 D Share the Spirit w/ Bob Osbon 3:00 C Big Screen & Virtual Time 6:30 A Bingo</p>	<p>8 Doctor Day 10:00 O Martha's Sales 11:00 A Arts & Crafts w/ Annie 11:30 L Visit w/ Therapy Dogs, Gus & Zack 12:00 D Birthday Steak & Cake 1:00 A Bingo 2:00 A Trivia Game 3:00 C Big Screen & Virtual Time 3:15 A Exercise by Carmen 6:30 A Coolette Game</p>	<p>9 Doctor Day 9:00 PC - 2 VA Benefits Appt 9:00 L Bank 9:45 L /10:30 Publix 10:00 A Stretch & Balance 11:00 O Sweet Somethings 2:00 D Town Hall Meeting 2:30 A Popcorn & Card Games 6:30 A Bingo</p>	<p>10 11:00 L Out 2 Lunch - Rose Hill Seafood 1:00 A Exercise by Carmen 2:00 A Happy Hour w/ Annie 4:00 L Jazz Music by Leonard Blunt 6:15 C CW Bible Study 6:30 A Bingo</p>	<p>11 10:00 A Word Games 10:30 L Outing w/ Dennis 2:00 D Music by Ron Gavin 6:30 A Bingo</p>
<p>12 9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 4:30 A Sunday Night Movie 5:30 A Super Bowl Party</p>	<p>13 9:30 C "When the morning begins" Devotion Time w/ Rev. Kinley 10:00 L *Target Center 1:00 L *Walmart 1:00 A Bingo 2:15 A Line Dancing Classes 3:00 C Big Screen & Virtual Time 3:15 A Exercise by Carmen 6:30 A L-R-C Game</p>	<p>14 Happy Valentine's Day 10:00 A Stretch & Balance 12:00 PC Music by Jan Hyatt 12:15 A Kiwanis Club 1:00 C Conversations / Show & Tell 2:00 A Telling of your Love Stories 3:00 C Big Screen & Virtual Time 6:30 A Bingo</p>	<p>15 Doctor Day 10:00 A River City Square Dancers 11:00 A Arts & Crafts w/ Annie 11:30 L Visit w/ Therapy Dogs, Gus & Zack 1:00 A Bingo 2:00 A Popcorn & Word Games 3:00 C Big Screen & Virtual Time 3:15 A Exercise by Carmen 6:30 A Coolette Game</p>	<p>16 9:00 PC - 2 VA Benefits Appt 9:00 L Bank 9:45 L /10:30 Publix 10:00 A Stretch & Balance 11:00 G2 Billiards & Burgers: ROMEO Men's Luncheon 2:00 D Columbus Cloggers 6:30 D Love is in the Air Dance w/ DJ Tino</p>	<p>17 9:30 L Out 2 Lunch - Columbus Black Heritage Tour & Lunch @ Ruth Ann's 1:00 A Exercise by Carmen 2:00 A Happy Hour w/ Annie 6:15 C CW Bible Study 6:30 A Bingo</p>	<p>18 10:00 A Word Games 1:00 A Let's play "Coolette" w/ Penelope 3:00 A Saturday Matinee 6:30 A Bingo</p>
<p>19 9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 2:00 D Gospel Music w/ Bob Osbon & Friend 4:30 A Sunday Night Movie</p>	<p>20 Presidents Day 9:30 C "When the morning begins" Devotion Time w/ Rev. Kinley 9:30 A Coffee Chat & Cherry Pie 10:00 L *Cols Park Crossing 1:00 L *Peachtree Mall 1:00 A Bingo 2:15 A Line Dancing Classes 3:00 C Big Screen & Virtual Time 3:15 A Exercise by Carmen 6:30 A L-R-C Game</p>	<p>21 Doctor Day 10:00 A Stretch & Balance 12:15 A Kiwanis Club 1:00 C Conversations / Show & Tell 2:00 A Mardi Gras Party 3:00 C Big Screen & Virtual Time 6:30 A Bingo</p>	<p>22 Doctor Day/ Ash Wednesday 11:00 A Arts & Crafts w/ Annie 11:30 L Visit w/ Therapy Dogs, Gus & Zack 1:00 A Bingo 2:00 D Music by Nadine Coker 3:00 C Big Screen & Virtual Time 3:15 A Exercise by Carmen 6:30 A Coolette Game</p>	<p>23 9:00 PC - 2 VA Benefits Appt 9:00 L Bank 9:45 L /10:30 Publix 10:00 A Stretch & Balance 11:00 L *JULIET Women's Luncheon 2:00 A Popcorn & Board Game 3:00 C Big Screen & Virtual Time 6:30 A Bingo</p>	<p>24 11:00 L Out 2 Lunch - Chef Lee's 1:00 A Exercise by Carmen 2:00 A Happy Hour w/ Annie 6:15 C CW Bible Study 6:30 A Bingo</p>	<p>25 10:00 A Word Games 2:00 D Music by Lindy Hamilton 3:00 A Saturday Matinee 6:30 A Bingo</p>
<p>26 9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 2:00 D Music by Jan Hyatt 4:30 A Sunday Night Movie</p>	<p>27 9:30 C "When the morning begins" Devotion Time w/ Rev. Kinley 10:00 L *Target Center 1:00 L *Walmart 1:00 A Bingo 2:15 A Line Dancing Classes 3:00 C Big Screen & Virtual Time 3:15 A Exercise by Carmen 6:30 L *CCO MLK Jr. Legacy Concert @ Rainey-McCullers 6:30 A L-R-C Game</p>	<p>28 Doctor Day 10:00 A Stretch & Balance 12:15 A Kiwanis Club 1:00 C Book Club Conversations 2:00 A CW Auction 3:00 C Big Screen & Virtual Time 6:00 C VFW #12110 Meeting 6:30 A Bingo</p>				



February Birthdays

- 04 Venita Eldridge*
- 09 Jeanette Zuback*
- 11 Linda Smith
- 11 Dora Lynn
- 12 Hugh Farmer
- 14 Elizabeth Culpepper
- 14 Jerrie Murphree
- 16 John King*
- 19 Muriel Gajan
- 20 Betty Posey*
- 21 Laoretta Gordon
- 22 Mary Stokes*101
- 22 T.S. Duval
- 26 Herbert Phinney*
- 28 Ruby Railley*

* Nineties Club

Wintertime Wit

Q: What is Jack Frost's favorite thing about school?

A: Snow and tell!

Celebrating Black History Month

Each February, America observes Black History Month. This tribute to African Americans who have made an impact on the U.S. and the world was born from one man's call to action.

Historian and author Carter G. Woodson wanted the contributions of heroic Black men and women who helped shape the nation and its culture to be recognized and celebrated. In 1926, he created a weeklong event to promote Black history, and chose the second week in February because it included the birthdays of abolitionist Frederick Douglass and President Abraham Lincoln.

Fifty years later, after decades of support, the event expanded to Black History Month, a national observance, as part of the country's bicentennial. When President Gerald Ford signed the proclamation, he urged everyone to join in the "tribute to Black History Month and the message of courage and perseverance it brings to all

of us."

For his efforts, Woodson has been called the father of Black history.

Covenant Woods Staff

General Manager Lisa Lewis
 Business Office Kerri Woodall
 Resident Care Toni Mundy, LPN
 Marketing Nona Christie
 Home Health Twyna Rutledge
 Dining Services Lucy Greene
 Dining Room Tiffany Thomas
 Recreation Alisha Brooks
 Rec Assist Annie Morgan
 Transportation Dennis Johnson
 Housekeeping Sonya Williams
 Maintenance Jamar Brooks

IMPORTANT NUMBERS

Front Desk (706) 561-1401
 Beauty Shop (706) 568-1723
 Fire, Police & Ambulance 911



Ash Wednesday Service

Join us for prayer and contemplation at our Ash Wednesday service.



COVENANT WOODS

A SENIOR LIVING COMMUNITY

5424 Woodruff Farm Rd. • Columbus, GA 31907