



(706) 561-1401

*Life is Good at
Covenant Woods*

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A Tribute to Veterans

Veterans Day on Nov. 11 is a federal holiday that honors all men and women who have served in the U.S. armed forces. Originally called Armistice Day, the day marks the 11th hour of the 11th day of the 11th month of 1918 when an armistice between Germany and the Allies went into effect, ending World War I.

'America' Is One

How many words can you spell with the letters in "camaraderie"?

Wounded Warrior Project

The mission of the Wounded Warrior Project (WWP) is to help post-9/11 wounded veterans and their families. In 2003, WWP brought care packages to the bedsides of injured vets recently home from Iraq and Afghanistan. Today, WWP provides mental and physical health resources, financial counseling, independence programs, caregiver support and more.

World's Oldest Map

Imago Mundi, the oldest known map of the world, is about the size of a cell phone. Experts believe the clay artifact is more than 2,000 years old, and it currently resides in the British Museum. The center of the map features the Euphrates River and the ancient city of Babylon.

Election Day

Tuesday, Nov. 4, is Election Day. Make your voice heard, and vote!

Happy Thanksgiving!

As we celebrate Thanksgiving with family and friends in November, we'll be thinking how grateful we are to have such wonderful neighbors. Thanks for making our community such a pleasant place to live. We wish you a safe and enjoyable Thanksgiving holiday!



A Fruitful Future

"Let us learn to appreciate there will be times when the trees will be bare, and look forward to the time when we may pick the fruit." —Anton Chekhov



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Daylight Saving Time Ends 2 9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 3:00 G2 Pool Game	 3 9:30 N Free BP & Health Check w/ Piedmont Cols Regional 10:00 L *Cols. Park Crossing 1:00 L *Peachtree Mall 1:00 A Bingo 2:15 A Line Dance Class w/ Mr. Brooks 3:15 A Exercise by Carmen 6:30 A Bingo	 Doctor Day 4 10:30 C Stretch & Balance 1:00 A \$Putt Putt Golf 2:00 A \$Let's Converse 6:30 A Coolette Game	 Doctor Day 5 10:00 C Bible Study w/ Mrs. Garrett 11:30 L Visit w/ Therapy Dogs, Gus & Zack 1:00 A Bingo 1:00 C St. Anne Mass 2:00 A Apple Pie in a Cup 3:15 A Exercise by Carmen 6:30 A Bingo	 6 9:00 L - 10:00 Publix 9:00 L Bank 10:00 C Bible Study w/ Lee Railey 11:00 O Sweet Something & Jewelry 11:00 PD WWCW Meeting w/ Ms. Pat 2:00 D Town Hall 2:30 A Popcorn 5:00 A CW Chimes 6:00 C CW Chorus 6:30 A Coolette Game	 7 11:00 L Out 2 Lunch - Chef Viet's 1:00 A Exercise by Carmen 2:00 A Happy Hour w/ Annie 6:30 A Bingo	8 10:00 A Word Games 2:00 G2 Poker Time 3:00 A Let's Play Games 6:30 A Bingo
9 9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 2:00 L Veterans Day CCO Concert @ St. Mark 3:00 G2 Pool Game	10 Bookmobile Day 10:00 L *Target Center 1:00 L *Walmart 1:00 A Bingo 2:15 A Line Dance Class w/ Mr. Brooks 3:15 A Exercise by Carmen 6:30 A Bingo	11 Happy Veterans Day 11:00 A Veterans' Appreciation Luncheon 12:00 PC Music by Jan Hyatt 2:00 D Veterans Day Seminar 6:30 A Coolette Game	12 Doctor Day 10:00 C Bible Study w/ Mrs. Garrett 11:30 L Visit w/ Therapy Dogs, Gus & Zack 1:00 A Bingo 2:00 A \$Arts & Craft w/ Annie 3:15 A Exercise by Carmen 6:30 A Bingo	13 Market Day 1pm - 3pm In Nook 9:00 L - 10:00 Publix 10:00 C Bible Study w/ Lee Railey 10:30 A Stretch & Balance 12:00 PC Music by Nadine Coker 2:00 A \$Giant Connect Four Game 5:00 A CW Chimes 6:00 C CW Chorus 6:30 A Coolette Game	14 11:00 L Out 2 Lunch - Ezell's 11:30 O Beauty w/ Mary Kay 1:00 A Exercise by Carmen 2:00 A Happy Hour w/ Annie 6:30 A Bingo	15 10:00 A Word Games 2:00 D Music by Doc Alford 2:00 G2 Poker Time 3:00 A Let's Play Games 6:30 A Bingo
16 9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 3:00 G2 Pool Game	17 9:30 L Trip to Golden Donuts for Bingo & Prizes 1:00 L *Cols. Park Crossing 1:00 A Bingo 2:15 A Line Dance Class w/ Mr. Brooks 3:15 A Exercise by Carmen 6:30 A Bingo	18 Doctor Day 10:30 C Stretch & Balance 1:00 A \$Golf Darts Game 2:00 D Hymn Songs w/ Mr. Register 6:00 L \$Trivia @ Mellow Mushroom 6:30 A Coolette Game	19 Doctor Day 10:00 C Bible Study w/ Mrs. Garrett 11:30 L Visit w/ Therapy Dogs, Gus & Zack 1:00 A Bingo 2:00 Spike Cider Bar 3:15 A Exercise by Carmen 6:30 A Bingo	20 Market Day 1pm - 3pm In Nook 9:00 L - 10:00 Publix 10:00 C Bible Study w/ Lee Railey 10:30 A Stretch & Balance 12:00 D Birthday Steak & Cake 5:00 A CW Chimes 6:00 C CW Chorus 6:30 A Wild Wild West Dance w/ Mark Blaxton	21 11:00 L Jim & Nick's BBQ 1:00 A Exercise by Carmen 2:00 A Happy Hour w/ Annie 6:30 A Bingo	22 10:00 O Byron's Jewelry Sale 2:00 G2 Poker Time 3:00 A Let's Play Games 6:30 A Bingo
23 9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 2:00 L Music by Jan Hyatt 3:00 G2 Pool Game	24 Bookmobile Day 10:00 L *Target Center 1:00 L *Walmart 1:00 A Bingo 2:15 A Line Dance Class w/ Mr. Brooks 3:15 A Exercise by Carmen 6:30 A Bingo	25 Doctor Day 10:30 C Stretch & Balance 2:00 A CW Auction 4:30 L Mystery Dinner 6:00 C VFW #12110 Meeting 6:30 A Coolette Game	26 Doctor Day 10:00 C Bible Study w/ Mrs. Garrett 11:30 L Visit w/ Therapy Dogs, Gus & Zack 1:00 A Bingo 2:00 A Popcorn & Word Games 3:15 A Exercise by Carmen 6:30 A Bingo	27 Happy Thanksgiving 10:00 C Bible Study w/ Lee Railey 1:00 A Gobble Gobble Bingo & Prizes 6:30 A Coolette Game	28 11:00 L Out 2 Lunch - Ruby Tuesday 1:00 A Exercise by Carmen 2:00 A Happy Hour w/ Annie 6:30 A Bingo	29 10:00 A Word Games 2:00 D Music by Lindy Hamilton 2:00 G2 Poker Time 3:00 A Let's Play Games 6:30 A Bingo
30 9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 3:00 G2 Pool Game						



November Birthdays

01	Kathy DeRoche
02	Sandra Griffard
03	Joey Staley
03	Don Haney*
06	Bob Donaldson*
07	Amy Flynn
09	Emma Fulwood*
10	Laster Kapelka*
15	Emily Eldridge
15	Leon Futch
16	Peggy Brooks*
18	Virginia Hammett*
22	Connie Geter
22	Charles Foskey
24	Faye Cook
25	Brenda Morgan
30	Ginger Kemp

* Nineties Club

Let Go and Grow

"Autumn teaches us the beauty of letting go. Growth requires release—it's what the trees do." —Ka'ala



Geography 101: Plymouth Rock

Marking the spot where the Pilgrims landed in 1620 to establish an English settlement, Plymouth Rock sits on the shore of Plymouth Harbor in Massachusetts. The historic granite boulder is much smaller than its original size. A relocation in 1774 caused the rock to split in two, and pieces were chipped away for souvenirs. In 1880, the top and bottom halves were reunited and cemented, and the year 1620 was carved into it. Plymouth Rock is part of Pilgrim Memorial State Park, whose waterfront also features a replica of the Mayflower ship.

Covenant Woods Team

General Manager	Lisa Lewis
Office Manager ..	Sandy Mitchem
Sales	Stephanie Boan
Marketing	Nona Christie
Home Care	Twyna Rutledge
Dining Services	Lucy Greene
Dining Room	Tiffany Thomas
Recreation	Alisha Brooks
Recreation Asst	Annie Morgan
Transportation	Dennis Johnson
Housekeeping	Malinda Dowell
Maintenance	Jamar Brooks
Resident Care	Angela Scott
Pines Recreation	Brenda Rivas

IMPORTANT NUMBERS

Front Desk	(706) 561-1401
Beauty Shop	(706) 568-1723
Fire, Police & Ambulance	911



Positive Thought

"Youth is happy because it has the ability to see beauty. Anyone who keeps the ability to see beauty never grows old." — Franz Kafka



COVENANT WOODS

A SENIOR LIVING COMMUNITY

5424 Woodruff Farm Rd. • Columbus, GA 31907