

(706) 561-1401

# Life is Good at Covenant Woods

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## Happy Mother's Day!

"A mother's love for her child is like nothing else in the world."— Agatha Christie

Mother's Day is set aside to honor and celebrate mothers, grandmothers and mothers-to-be. Shower the special women in your life with love, hugs and maybe a card or a beautiful bouquet! From all of us in the office, we wish all the moms who call our community home a very happy Mother's Day!

#### **Remember and Honor**

This Memorial Day, we remember all the brave men and women who gave their lives for our country. Our heartfelt thanks goes out to them and to all of our community's veterans for their service.



## **Heroes Big and Small**

"Heroism doesn't always happen in a burst of glory. Sometimes small triumphs and large hearts change the course of history." —Mary Roach

#### **150th Kentucky Derby**

The world's most exciting two minutes in sports will bring even more excitement this year, as thousands will gather to watch the 150th Kentucky Derby on May 4. Several special events are scheduled to mark this milestone, including the fashion-focused "Derby Through the Decades" on Opening Night of the festivities, April 27. Churchill Downs will also unveil its renovated paddock, offering attendees luxury seating and an up-close look at the horses before the Race for the Roses begins.











# May 2024

L Lobby

A Activity Room
C Chapel
D Main Dining Room
PC PC Dining Room

N Nook
PD Private Dining Room
Pool
O Outside Act. Room
PC PC Dining Room

A SENIOR LIVING COMMUN	HTY				100	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Doctor Day 1  10:30 A Arts & Craft w/ Annie 11:30 L Visit w/ Therapy Dogs, Gus & Zack 1:00 A Bingo 1:00 C St. Anne Mass 2:00 A Putt Putt Golf 3:15 A Exercise by Carmen 6:30 A Bingo	9:00 L Bank 9:45 L / 10:30 Publix 10:00 C Stretch & Balance 11:00 O Sweet Something & Jewelry 2:00 D Town Hall 2:30 A Popcorn 5:00 PD Bell Choir w/ Kim 6:00 C Choir w/ Kim 6:30 A Coolette Game	11:00 L Out 2 Lunch - El Carrizo 1:00 A Exercise by Carmen 2:00 A Pre Cinco De Mayo Happy Hour w/ Annie 6:15 C CW Bible Study 6:30 A Bingo	10:00 A Word Games 10:30 L Outing w/ Dennis 2:00 D Music by Mark Blaxton 3:00 A Let's Play Games 6:30 A Bingo
9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 2:00 C Hymn Sing Along w/ Mr. Randall 4:30 A Card Games	9:30 N Free BP & Health Check w/ Piedmont Cols Regional 10:00	Doctor Day 7 10:00 C Stretch & Balance 1:00 A Writing Group Meeting 2:00 Corn Hole Game 2:00 Crochet Ladies 6:30 A Coolette Game	Doctor Day  10:30 A Arts & Craft w/ Annie  11:30 L Visit w/ Therapy Dogs, Gus & Zack  1:00 A Bingo  2:00 A Pretty Nails  3:15 A Exercise by Carmen  6:30 A Bingo	9 9:00 L Bank 9:45 L / 10:30 Publix 10:00 Everything Kingdom Sale 10:00 Stretch & Balance 12:00 PC Music by Nadine Coker 2:00 D Birthday Celebration w/ David Tyler 5:00 PD Bell Choir w/ Kim 6:00 C Choir w/ Kim 6:30 A Coolette Game	10 11:00 L Out 2 Lunch - Residents Picnic @ Cooper Creek 12:00 O Beauty w/ Mary Kay 1:00 A Exercise by Carmen 2:00 A Happy Hour w/ Annie 6:15 C CW Bible Study 6:30 A Bingo	1 10:00 A Word Games 2:00 D Music by Ron Gavin 3:00 A Let's Play Games 6:30 A Bingo
9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 2:00 C Mother's Day Program w/ Scarlet Harbour 4:30 A Card Games	13 10:00 C "When the morning begins" Devotion Time w/ Rev. Kinley 10:00 L *Cols. Park Crossing 1:00 L *Peachtree Mall 1:00 A Bingo 2:15 A Line Dance Class w/ Mr. Brooks 3:15 A Exercise by Carmen 6:30 A Bingo	10:00 C Stretch & Balance 12:00 PC Music by Jan Hyatt 1:00 L Walking Club "Get Your Steps In"	Doctor Day  15 10:30 A Arts & Craft w/ Annie 11:30 L Visit w/ Therapy Dogs, Gus & Zack 1:00 A Bingo 2:00 A National Chocolate Chip Day 3:15 A Exercise by Carmen 6:30 A Bingo	Market Day  9:00 L Bank  9:45 L / 10:30 Publix  10:00 C Stretch & Balance  10:30 L Juliet Luncheon  12:00 D Birthday Steak & Cake  2:00 A Pet Lovers Club  5:00 PD Bell Choir w/ Kim  6:00 C Choir w/ Kim  6:30 A Coolette Game	17 11:00 L Out 2 Lunch - Ezell's 1:00 A Exercise by Carmen 2:00 A Happy Hour w/ Annie 6:15 C CW Bible Study 6:30 A Bingo 6:45 D Edgewood Baptist Church Children Choir	10:00 A Word Games 1:30 L The King is Back @ Springer 3:00 A Let's Play Games 6:30 A Bingo
9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 2:00 C Hymn Sing Along w/ Mr. Randall 2:30 L "D-Day at 80" CCO Concert 4:30 A Card Games	8:30 L "Rod Squad" Fishing Trip 10:00 C "When the morning begins" Devotion Time w/ Rev. Kinley 10:00 L *Target Center 1:00 L *Walmart 1:00 A Bingo 2:15 A Line Dance Class w/ Mr. Brooks 3:15 A Exercise by Carmen 6:30 A Bingo	10:00 C Stretch & Balance 12:00 A Pre Memorial Day Luncheon 2:00 L Crochet Ladies 2:00 D Music by Sweet T	Doctor Day  10:30 A Arts & Craft w/ Annie  11:30 L Visit w/ Therapy Dogs, Gus & Zack  1:00 A Bingo  2:00 A Making Hats for Derby Dance  3:15 A Exercise by Carmen  6:30 A Bingo	Market Day  9:00 L Bank  9:45 L / 10:30 Publix  10:00 C Stretch & Balance  11:00 L Romeo Luncheon  12:00 PC Music by Nadine Coker  5:00 PD Bell Choir w/ Kim  6:00 C Choir w/ Kim  6:30 A Derby Dance w/ Mark Blaxton	11:00 L Out 2 Lunch - Ole Times Country Buffet & Shopping @ Belk 1:00 A Exercise by Carmen 2:00 A Happy Hour w/ Annie 6:15 C CW Bible Study 6:30 A Bingo	10:00 A Word Games 2:00 D Music by Lindy Hamilton 3:00 A Let's Play Games 6:30 A Bingo
9:30 C Church Service 10:30 C Livestream Mass / Communion from St. Anne 2:00 L Music by Jan Hyatt 4:30 A Card Games	10:00 C "When the morning begins" Devotion Time w/	Doctor Day  10:00 A -2 American Red Cross Blood Drive  10:00 C Stretch & Balance 1:00 L Walking Club "Get Your Steps In"  6:00 C VFW #12110 Meeting 6:30 A Coolette Game	Doctor Day  10:30 A Arts & Craft w/ Annie  11:30 L Visit w/ Therapy Dogs, Gus & Zack  1:00 A Bingo  2:00 A CW Auction  3:15 A Exercise by Carmen  6:30 A Bingo	Market Day  9:00 L Bank  9:45 L / 10:30 Publix  10:00 C Stretch & Balance  2:00 A Popcorn & Games  5:00 PD Bell Choir w/ Kim  6:00 C Choir w/ Kim  6:30 A Coolette Game	31 11:00 L Out 2 Lunch - Olive Garden 1:00 A Exercise by Carmen 2:00 A Happy Hour w/ Annie 6:15 C CW Bible Study 6:30 A Bingo	MEMORIAL DAY REMEMBER AND HONOR



### May Birthdays

06	Ann Overton
10	Mary Nell Nail*
14	Yvonne Kimbell
14	Robert Lemons
16	Amelia Thomas
17	Mazie White*
23	Curtis Lockhart*
23	Rebekah Jones
26	Martha Granger
27	Jean Richards

29

31

#### \* Nineties Club

Betty Pridgeon\*

Larry Payne

#### 'M' Is for Mother

In the majority of the world's languages, the word for "mother" begins with the "M" consonant sound. Linguists say this is likely because "ma" is one of the first sounds uttered by infants.

# Memorable Melody: 'I Can See Clearly Now'

If you're not already in a good mood, you'll soon be in one after hearing this upbeat song, which has been spreading sunshine since Johnny Nash recorded it in 1972. For several years, the Texas-born singer had been living in Jamaica, writing and performing with local artists, including the legendary Bob Marley. Those influences can be heard in "I Can See Clearly Now," which helped bring reggae music to a mainstream audience after quickly reaching No. 1 on the Billboard Hot 100. Both Nash's original version and a successful cover by reggae artist Jimmy Cliff have remained popular for decades, appearing in many films, TV shows and commercials.

#### **Covenant Woods Staff**

General Manage	er Lisa Lewis
Business Office	Kerri Woodall
Resident Care	Toni Mundy, LPN
Sales	Jennifer Brown
Marketing	Nona Christie
Home Health	Twyna Rutledge
Dining Services	Lucy Greene
Dining Room	Tiffany Thomas
Recreation	Alisha Brooks
Rec Assist	Annie Morgan
Transportation	Dennis Johnson
Housekeeping	Malinda Dowell
Maintenance	Jamar Brooks

#### **IMPORTANT NUMBERS**

Front Desk	(706) 561-1401
Beauty Shop	(706) 568-1723
Fire, Police & Ambu	ulance911



#### **Brainteaser**

Q: Two people were playing chess, yet both won the match. How?

A: They were playing against other opponents, not each other!

