

**Life is Good  
at**



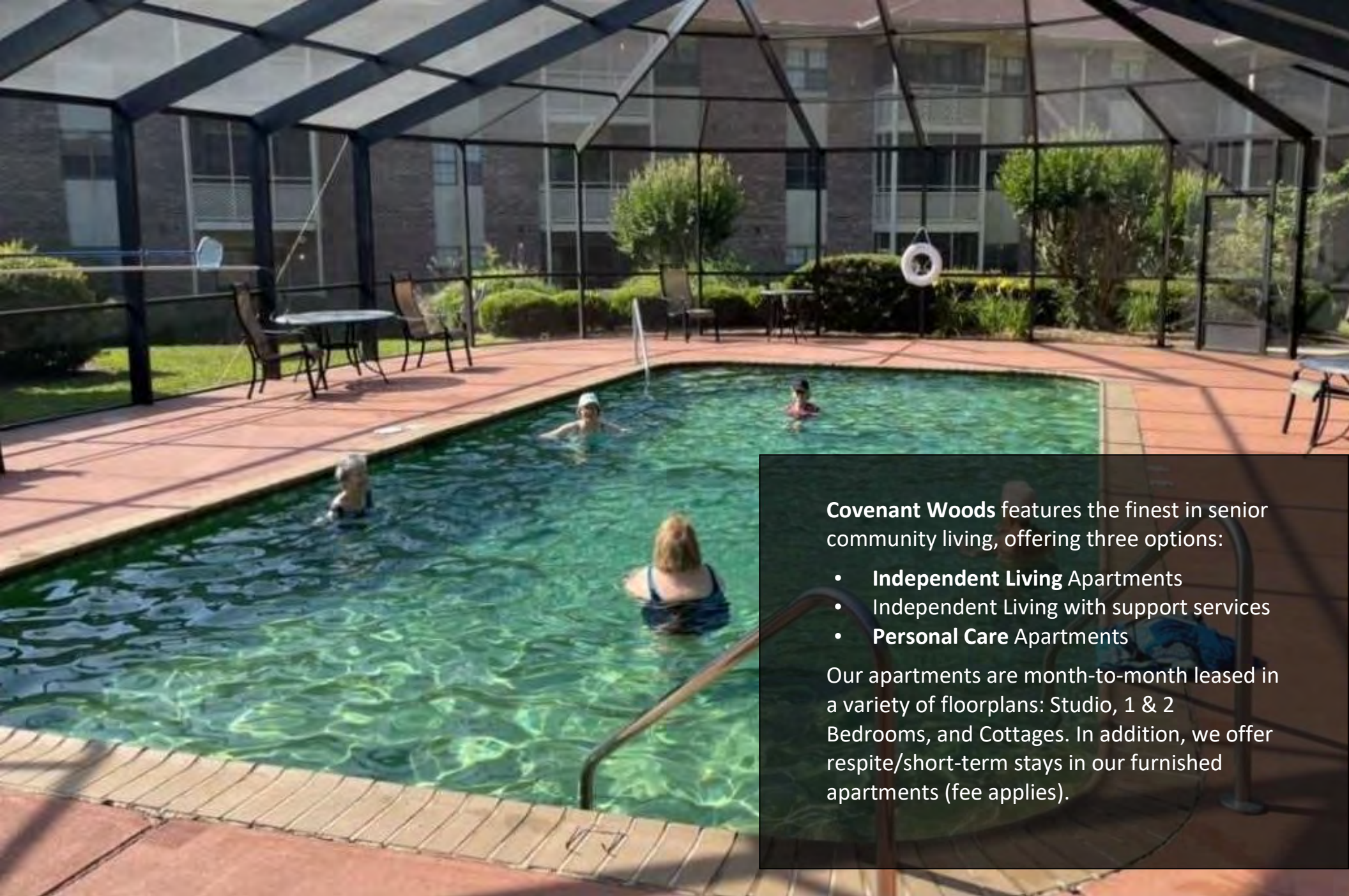
**COVENANT WOODS**

**A SENIOR LIVING COMMUNITY**

**Covenant Woods** is Columbus, GA's #1 option for retirement living because of its 35+ years of excellence and resident satisfaction. With stunning surroundings, outstanding services, and an abundance of amenities our residents are proud to call Covenant Woods their home. Independent Living combines community living with the privacy of your own apartment. We offer a variety of choices from Independent Living to Personal Care. You have the freedom to choose the services that best suite you.

**WHAT ARE YOU WAITING FOR?**





**Covenant Woods** features the finest in senior community living, offering three options:

- **Independent Living** Apartments
- Independent Living with support services
- **Personal Care** Apartments

Our apartments are month-to-month leased in a variety of floorplans: Studio, 1 & 2 Bedrooms, and Cottages. In addition, we offer respite/short-term stays in our furnished apartments (fee applies).

**LIFESTYLE**

  
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Covenant Woods brings an abundance of security, companionship, and good food to its residents. Residents find a sense of belonging in a community family where they experience comfort, personal choice, and privacy. Many residents draw strength from the meaningful relationships they have built here, and comment: "I wish I had moved here years ago!"

## RELATIONSHIPS



Consider a lifestyle with more freedom and less worry. Live independently in one of our spacious apartments with the assurance of being surrounded and supported by friends, neighbors, staff, and family who want you to live YOUR best life.

Covenant Woods offers you freedom from home maintenance, lawn care, chores, cooking, cleanup, housework, and laundry.

That's not all. Find yourself free of loneliness, isolation, or limited connections with people of your own age, likings, and interests. Social opportunities abound here daily. Let our staff arrange the parties, activities, theater, entertainment, and excursions. Enjoy life at Covenant Woods.



**FREEDOM & INDEPENDENCE**







Don't worry about your furry friend! They too are welcome to establish a new home with us.

Don't worry about keeping your appointments and getting a ride to go shopping! Our scheduled transportation takes hassles out of these tasks.

Don't worry about your surroundings. We offer the utmost in resident protection through building design, 24-hour staff, convenient parking, door security, and an emergency call system that places assistance just seconds away.

You will be surrounded by familiar faces and helping hands.

**WORRY FREE LIVING**

  
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No more meal preparations, cleanup, shopping, or deciding what you might make for one or two people. Life can be easy at Covenant Woods when you take a short walk from your apartment to the main dining room. You will be greeted by friendly faces whom you have come to adore and by staff ready to serve you.

Our talented Chef takes pride in preparing a varied daily menu featuring mouth-watering, fulfilling, and nutritious selections including local favorites and regional fare. Residents always have options at mealtime and enjoy meals served by courteous, familiar staff. Additionally, we provide an “Always Available” menu. Mid-meal snacks and beverages available throughout the day. Residents are welcome to invite guests to join them in the community dining room or reserve the private dining room to host their gathering.

## RESTAURANT-STYLE DINING





Our residents engage in daily activities that bring life and happiness and learning. These activities can help you learn new skills, cultivate strong relationships, and ensure the next chapter of your life is your best yet. Life need not slow down or get boring when you are at Covenant Woods. Our calendar is full of entertainment, events, community outings, shopping, and theater trips. Our staff are creative and encourage residents to explore and embrace new things. Connect in warm and interesting conversations or just catch up on each other's lives. Visit us to experience why residents say, "Life is good at Covenant Woods."

## ENGAGING ACTIVITIES



## Personal Care

Personal Care at Covenant Woods is customized care in your own private residence while enjoying all the amenities and benefits available to Independent Living residents. We provide assistance with activities of daily living and create a care plan that is specific to each resident's needs. Caregivers offer personalized supportive services and professional care to promote individual independence with dignity. Our staff of LPNs, medication aids, and CNAs assist with bathing, dressing, hygiene, grooming, and other activities of daily living as well as medication management. Three daily meals, 24-hour emergency response, daily housekeeping, and personal laundry service are all included in your lease.

## Independent Plus

Independent Plus is a personal assistance program designed to meet the individual needs of our residents in our Independent Living homes. Sometimes, Independent Living residents need assistance with only one or two activities of daily living (not the full spectrum of support provided by Personal Care).

Independent Plus offers you the perfect solution! Choose the specific services you need from our à la carte listing while still enjoying the active environment of Independent Living. Our professional staff will assist with medication management, diabetic care, bathing, and dressing, or simply check-in regularly to ensure well-being.



# SUPPORT SERVICES





## Wellness

We are dedicated to maximizing the health and well-being of each resident. Our social events, fitness classes and quality services create a well-rounded, healthy environment for our seniors. Our experienced staff plan fulfilling activities and develop customized assistance plans to meet each resident's needs.

We also believe in the value of a healthy mind, body, and spirit. We offer an assortment of wellness activities like yoga or walking groups. Our fitness programs make it easy and fun to maintain a healthy body. Our fitness classes also cater to all experience and independence levels, allowing everyone to participate in exercise programs.

## Healthcare

Personal Care is an excellent choice if you could use a little extra help with daily activities to continue enjoying an active lifestyle. Personal Care includes housing, support services and healthcare as needed.

We offer personal care in private residences that combine personalized supportive services and healthcare designed to promote maximum independence while meeting the individual needs of each resident.

Our caring, professional staff includes LPNs, medication aides, and CNAs. They assist with bathing, dressing, hygiene, grooming and other activities of daily living as well as medication management.

# WELLNESS



# Apartment Living

Choose from available maintenance-free, independent living apartment floor plans.

- Variety of Floor Plans for Studio, 1-Bedroom, and 2-Bedrooms (and Cottages)
- Three restaurant-style meals
- Private/balcony patio
- Elevators
- Fire-resistant construction materials, smoke detectors, and sprinkler system
- Emergency Pull & Pendant System monitored by on-site staff
- Individually controlled heating & A/C
- Fully equipped kitchen and bathroom with safety equipment
- All utilities except telephone
- WiFi throughout the building (free to guests)
- Apartment and appliance maintenance
- Weekly housekeeping and linen services
- Regular health and wellness checks
- In-house visiting physician and podiatrist
- Pet friendly
- Scheduled transportation



## ADVANTAGES



## SERVICES & AMENITIES



- ✓ Worry-free, Supportive Care
- ✓ Convenient, Spacious, Affordable
- ✓ Comfortable & Beautiful
- ✓ Active & Engaging Options Every Day
- ✓ Full-Time Dedicated Staff
- ✓ Night Attendant and Locked Doors
- ✓ Scheduled Transportation
- ✓ Restaurant-Style Dining
- ✓ Onsite Beauty/Barber Shop
- ✓ Library and Computer Center
- ✓ Game and Activities Room
- ✓ Billiards room
- ✓ VFW Post
- ✓ Chapel
- ✓ On-site Entertainment Variety
- ✓ Social and Cultural Events
- ✓ Hobbies, Arts and Crafts, and Resident-run Clubs
- ✓ Excursions and Outings with Transportation
- ✓ Senior fitness and Wellness classes
- ✓ Enclosed Heated Swimming Pool
- ✓ Community and Grounds Maintenance and Upkeep
- ✓ Pet-Friendly
- ✓ Guest Meals and Accommodations (Fee may apply)

## FEATURES



# COTTAGES

The Cottages at Covenant Woods provide the privacy of a home with all the benefits of a maintenance-free retirement lifestyle.

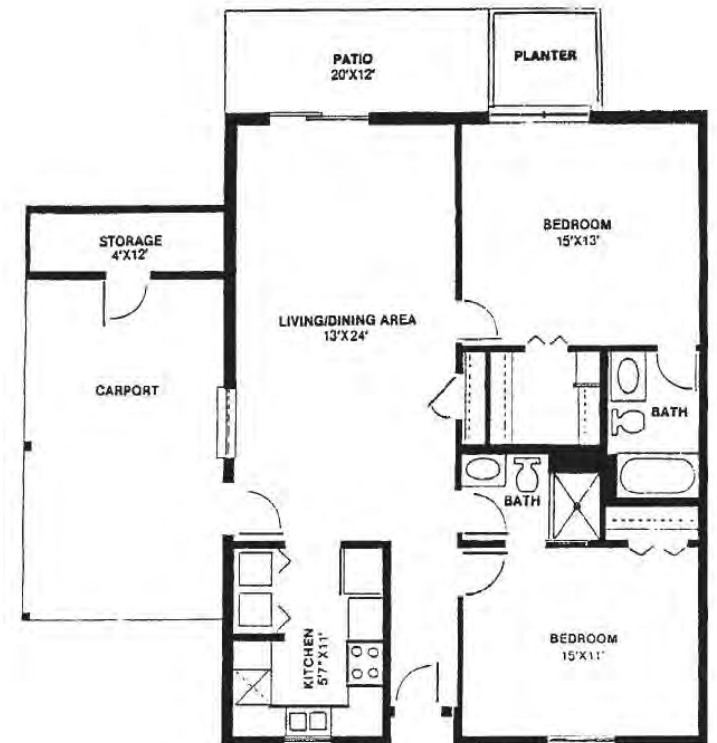
These charming homes have stone and cedar siding and are an easy walk to the main building and the dining room. The airy cottages feature a carport, patio, washer, dryer, two bedrooms, and two baths. Spend the day playing bridge and enjoying live entertainment in the main building or tend the herbs growing in your planter before reading a book in the tranquility of your own home. The possibilities are endless!

Continental breakfast, choice of lunch or dinner in the main dining room, lawn maintenance, weekly housekeeping, transportation, and 24-hour emergency assistance are all included in the convenient monthly lease.



## COTTAGES

Two Bedroom Cottage  
Sq. Footage Varies

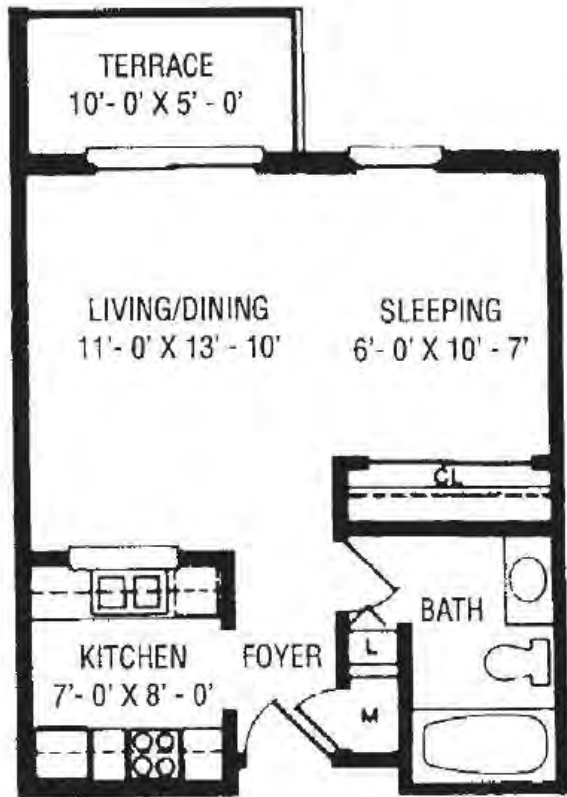


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# Independent Living Apartments

Studio  
Cedar Building  
375 sq. ft.



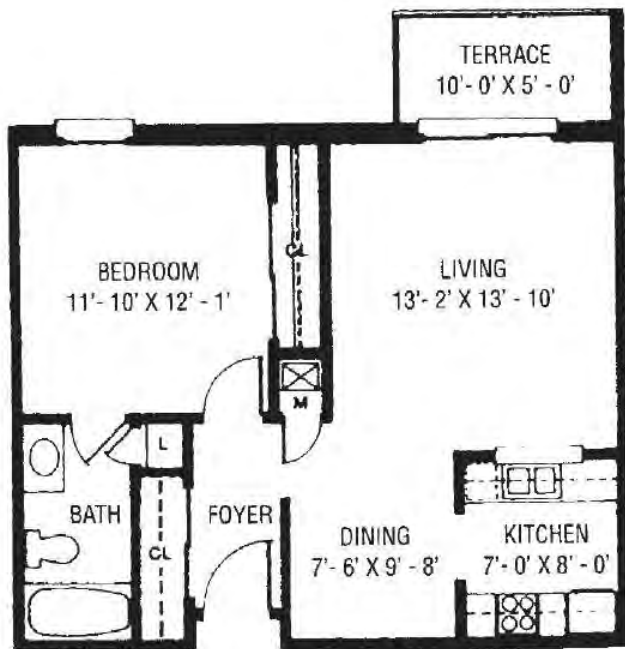
Studio  
Birch Building  
420 sq. ft.



## FLOOR PLANS



One Bedroom  
 Birch Building  
 600 sq. ft.

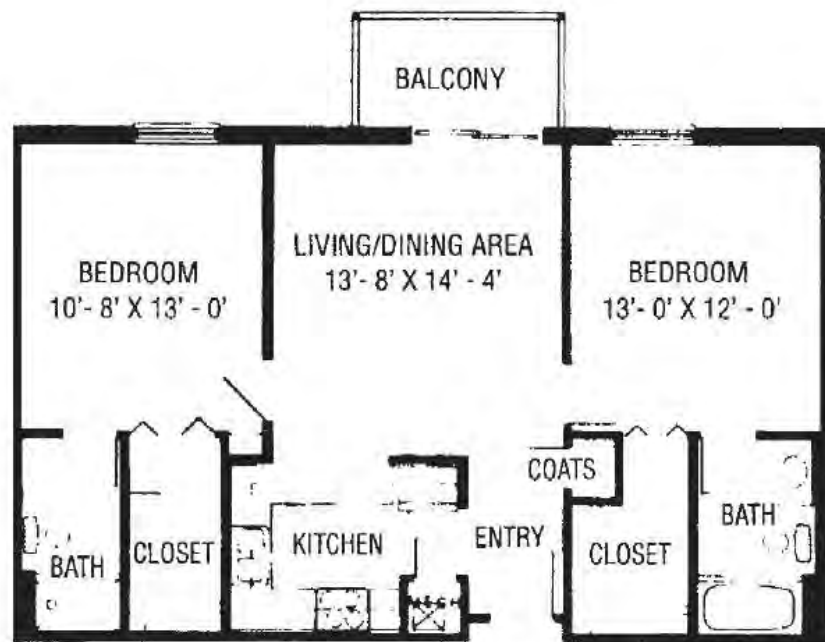
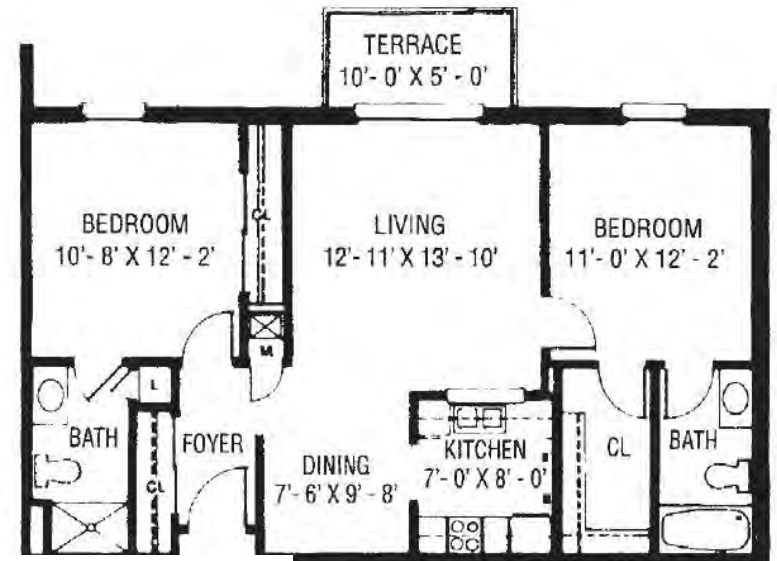


One Bedroom  
 Cedar Building  
 620 sq. ft.

# FLOOR PLANS



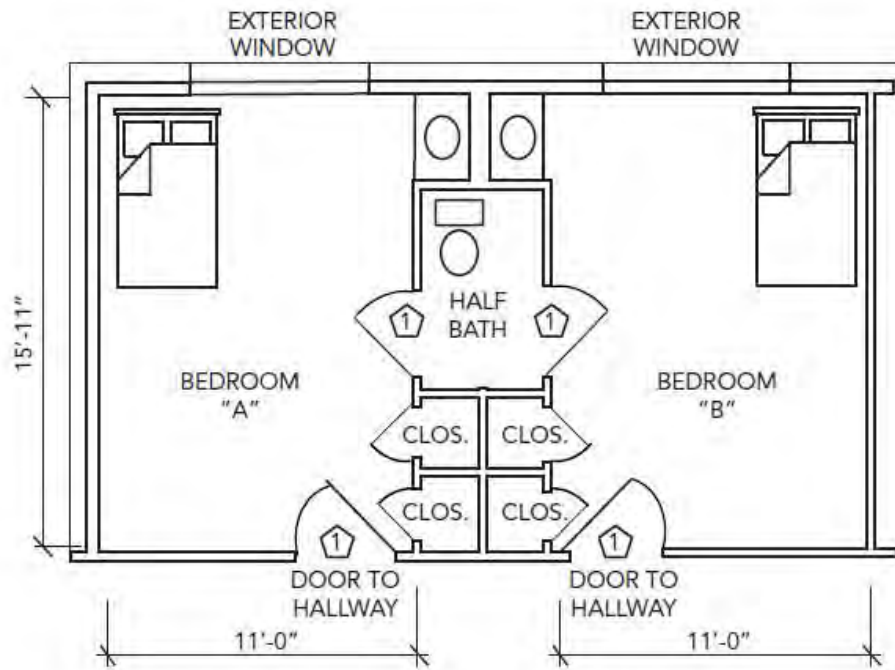
Two Bedroom  
Cedar Building  
815 sq. ft.



Two Bedroom  
Birch Building  
820 sq. ft.

# FLOOR PLANS

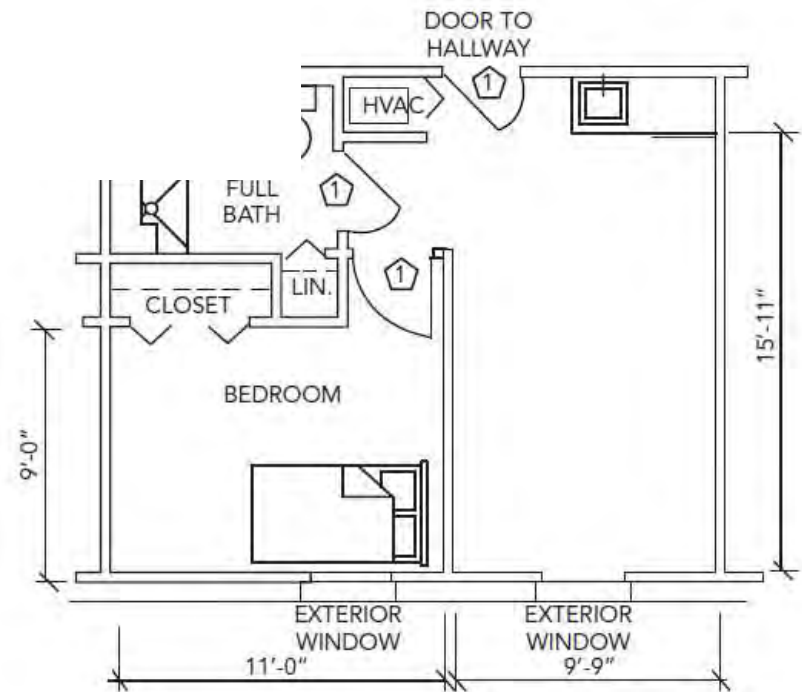




## Personal Care Apartments

Studio  
with shared bath  
176 sq. ft.

One Bedroom  
with kitchenette and private bath  
332 sq. ft.



# FLOOR PLANS



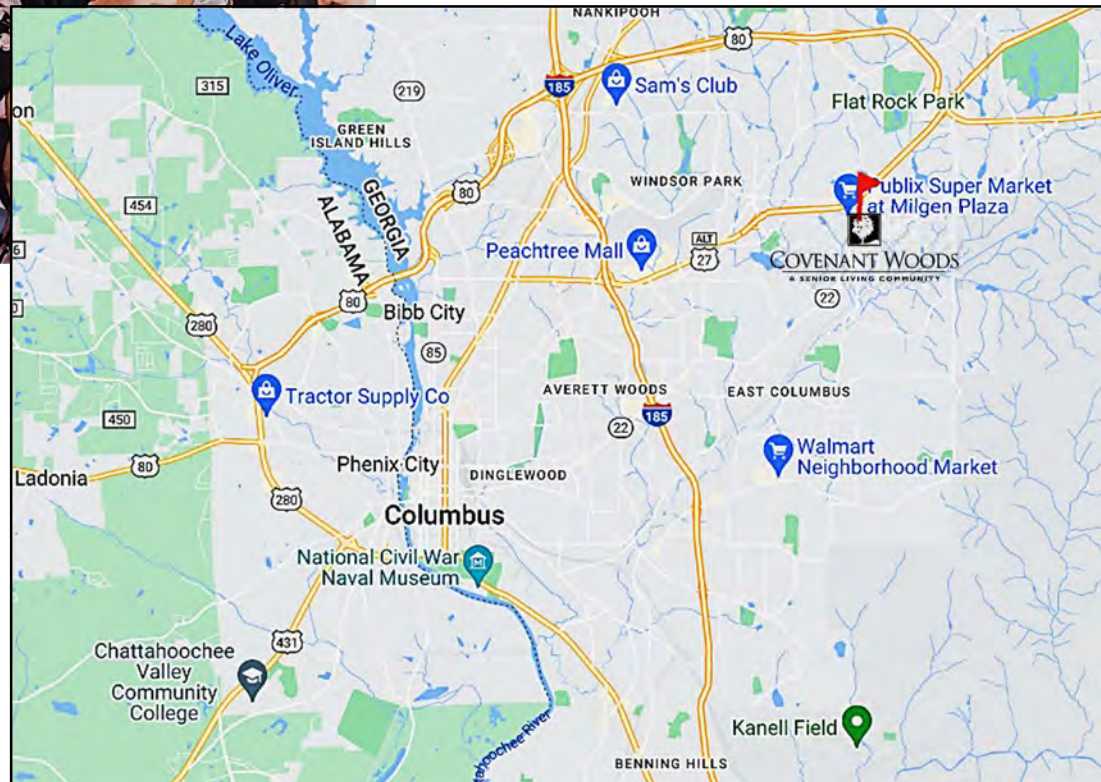


“Covenant Woods is an excellent assisted home for both men and women, and married couples! I love my apartment, privacy and all the services provided for the residents! There are fun activities for your choice each day! Several times each week the Covenant Woods bus will take you shopping, bank or doctor! You will love everything about Covenant Woods!!”  
~ Barbara

“My mother lived here for five years and had the best time of her life! (Her words) If you’re looking for caring and loving people with lots of entertainment and a well-maintained facility, this is the place! They offer exercise, arts and crafts, outings, and parties with live music! I highly recommend Covenant Woods!”  
~ Nancy B

# TESTIMONIALS





## Covenant Woods Retirement

5424 Woodruff Farm Road  
Columbus, GA 31907

**(706) 561-1401**

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